

Sunday Worship & Prayers

Third Sunday in Lent

March 8, 2026

8:45am and 10:45am worship services

**Welcome to Cross of Hope
a Spirit-centered community that shares Christ's love through
worship, education, and outreach to develop and strengthen
relationships with God.**



CROSS OF HOPE LUTHERAN CHURCH AND SCHOOL

Loving God - Transforming Relationships - Serving Others

May the God of hope fill you with all joy and peace... Romans 15:13

Holy Communion – Setting Nine - 8:45am

All page and song numbers refer to Evangelical Lutheran Worship unless otherwise noted.

GATHERING

Prelude	<i>Let My Spirit Always Sing (ACS 1020)</i>	Voices of Hope
Confession and Forgiveness		
Gathering Hymn	<i>Open Now Thy Gates of Beauty</i>	Song 533
Apostolic Greeting		
Kyrie	<i>In peace,...</i>	ELW p. 193
Prayer of the Day		

WORD

First Reading	Exodus 17:1-7	
Psalm	Psalm 95	
Second Reading	Romans 5:1-11	
Lenten Acclamation	<i>Let your steadfast</i>	ELW p. 198
Gospel	John 4:5-42	
Children's Time		
Sermon	<u>Hungry</u> : Love	Pr. Adam
Hymn of the Day	<i>Come to the Water of Life</i>	ACS 955
Apostles' Creed / Prayers of Intercession / Peace		

MEAL

Offering	<i>Walls Mark Our Bound'ries</i>	Keri Sutter and Amy Ellis
Offering Response	<i>Let the Vineyards Be Fruitful</i>	Song 184
Great Thanksgiving	<i>The Lord</i>	ELW p. 199
Sanctus	<i>Holy, Holy, Holy Lord</i>	ELW p. 200
The Lord's Prayer		
Communion	<i>Lamb of God</i>	ELW p. 201
	<i>As the Deer Runs to the River</i>	Song 331
	<i>For All the Faithful Women (vs 1, 8, and Last)</i>	Song 419
Prayer After Communion		

SENDING

Blessing		
Sending Hymn	<i>Guide Me Ever, Great Redeemer</i>	Song 618
Dismissal/Postlude		

Holy Communion –10:45am

All Songs can be followed along with the presentation.

GATHERING

Gathering Song
Centering Prayer
Centering Song

Everlasting God

His Mercy is More

WORD

Readings
Gospel
Children's Time
Sermon
Song of the Day
Apostle's Creed
Prayers of Intercession
Peace

Exodus 17:1-7; Romans 5:1-11
John 4:5-42

Hungry: Love

Pr. Adam

If We Are The Body

MEAL

Offering
Offering Prayer
The Lord's Prayer
Communion
Prayer After Communion

Revelation Song

The Well

SENDING

Blessing
Sending Song
Dismissal /Postlude

Fill My Cup

Help for the hearing impaired!

Cross of Hope has a loop system, enabling hearing impaired worshippers to get the service directly into their hearing devices via a telecoil system. We also have headsets you may borrow if your hearing aids are not able to use the loop system.



WORSHIP NOTES

In Holy Communion, God meets us in the meal. Jesus is truly present, and we come by the Spirit's grace. You are always welcome at God's table. All baptized believers are welcome to share in this, God's gift to us. Receive the bread and eat. *Gluten free option by request.*

Receive the wine (or juice) and drink. Place cup in nearby basket.

<u>SERVING TODAY</u>			
Presiding Minister		Pr. Adam Berndt	
Council Connections		Bob Arseneau	
Director of Music Ministry		Thomas Ropp	
Accompanist		Amy Ellis	
Music Leaders		Praise+Team	
<i>8:45am – Traditional</i>		<i>10:45am - Contemporary</i>	
Assisting Minister	Mary Brenahan	Assisting Minister	Liz Sanchez
Lector	Mary Hughes	Lector	Loyola Cortinas
Cantor	Mary Hughes	Communion Server	Laura Benchik
Communion Server	RC Jordan	Altar Team	Debra Gonzales
Altar Team	Kristi Valdez		

Third Sunday In Lent

In today's gospel the Samaritan woman asks Jesus for water, an image of our thirst for God. Jesus offers living water, a sign of God's grace flowing from the waters of baptism. The early church used this gospel and those of the next two Sundays to deepen baptismal reflection during the final days of preparation before baptism at Easter. As we journey to the resurrection feast, Christ comes among us in word, bath, and meal—offering us the life-giving water of God's mercy and forgiveness.

You are created in the image of God from the very beginning. This is the basis for God's justice: Since everyone is made in the image of God, then we need to recognize, honor, and respect the image of God in everyone. No exceptions.

– Fr. Richard Rohr

Cross of Hope is located on the original and ancestral homelands of the Piro Tribe and Pueblo People, and we give thanks for their presence here since time immemorial. We also wish to recognize and honor all our Indigenous siblings who have and continue to call this land their home.

Where is the alleluia!?

You can find a visual reminder of our fast from the '*alleluia*' in the purple shrouded box at the foot of the cross in the Worship Space.

This is where our alleluia sticks are '*buried*' as we prepare with prayer and refection for the great Easter celebration.

The omission of '*alleluia*' during Lent goes back at least to the fifth century in the Western church even if it is new for you!

May this time of fasting from this particular way of praise offer a time of deep reflection and gratitude for the gift and grace of God.



Wednesday, March 11 at 1:00 pm

BJ's Restaurant

10000 Coors Blvd NW

Please call Florence Begay at 505-363-5827 or
by email to florencebegay2011@gmail.com
for a head count by March 8.



Wednesday's Camp@COH

Sign Up Meal Genius for March 11, 2026

If you would like to donate food or funds for ***Chicken Strips!***

Please **click here.**

<https://www.signupgenius.com/go/10C094EA9AC29A6FCCF8-62566404-camp#/>

Highlights for this upcoming week

COH Hosting for Family Promise of Albuquerque - March 8 through March 14, 2026

Wednesday, March 11, 2026

8:30am to 9:00am

Morning Prayer in the Sanctuary

2:15pm to 2:45pm

Children's Chapel in the Sanctuary

5:30pm to 7:30pm

Camp@COH in the Great Hall

6:00pm to 7:00pm

Men's Bible Study group in the church office conference room

Thursday March 12 2026

6:00pm to 7:00pm

Voices of Hope choir practice in the Sanctuary

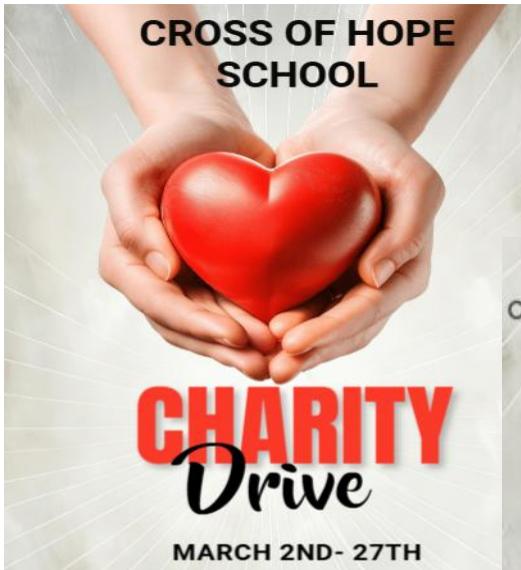
Saturday, March 14, 2026

10:00am to 11:00am

Praise+Team rehearsal in the Sanctuary

Sunday, March 15, 2026

Fourth Sunday in Lent



***All donations for the
School's Charity Drive
may be placed
on the large cart in the Great Hall.
Thank you for your generosity!***

For our next service project, we will be collecting hygiene items for Catholic Charities:

- Body Wash
- Shampoo
- Conditioner
- Lotion
- Toothbrushes
- Toothpaste
- Disposable Wipes
- Deodorant
- Feminine Hygiene Products



Community Prayers Needs

Please call or email the church office to add/remove names.

Members of the Community:

Rudy and Sherrie Simek; Art Kavanaugh; Tony Girard; Linda Willoughby; Claudia Russo; Mike Leddy; Janet Conlon; Pat Benchik; Toni Kovarik; Wendy Harrison; Don and Beth Cretsinger; Diane and David Pressel; Tim Fuller; Greg Morrison; Bill Harris; Ruth Hinkel; Susan Jennings; Dick Bresnahan; Flora Telles; Stacey Taylor; Phil Wangberg; Shirley and Dale McCan; Gary and Fran Hveem; Dolores Hughes; Shannon Reynolds; Judy Will.

Friends of Cross of Hope:

Geneva Lopez (Art and RC); Baby Laurabelle, Baby Juliana, Hannah and James (Laura and Jerry Burton); Ron and Karl (Rosemary Neely); Joyce (Sherrie Simek); Edward Swanson (Jan Anderson); Morgan Newberry (Nancy Lacher); Dawn Vola (Jennifer's Mom); Jan Meoli (Sherrie Simek); Spencer (Laura Burton's nephew); Roxanne (Keri Sutter's friend); Jennifer (Keri Sutter's friend); Tim (Pat Benchik's brother); Tanya Patterson and Kim Mora (friends of Rhonda Warner); Bill (Beth Locke's brother); Hart and Joyce Paulat (Kristi Valdez' parents); Mike Nelson (BJ Owens' brother); Barbara (Keri Sutter); Tom McCain (Tim Fuller); Brenda Erhard, Angela McKnight's Mom (Art Kavanaugh); Paula Mickey Yarbrough (Karen Schwartz's neighbor); Susan Mann-Biddison (Toni Kovarik); Margaret George Davis (Linda George's daughter-in-law); Dianah Rowland (friend of BJ Owen); Sandy Jensen (niece of BJ Owen); Cecil Ingram (Joy Thornhill's dad); Virginia Casper (Lynne Bagby's Mom); Randy B (Elisa Mclellan and family); Pam (Debbie Bokan's sister); Melissa, Tim, and Joseph (Gary Warner's niece and her family); Matt Clark (Rosemary Neely); Don Abeyta (Jennifer Abeyta); Frank Lepkowski (Toni Kovarik); Mark Christensen (Rhonda Warner's brother); Lorrie Willoughby (Linda W); Karen (Beth Cretsinger); Tom Grady (Sylvia Oelsner); Erik Hansen (Janet Conlon); Stacey Bender (Lois Casto); Diane Lamp; Theresa Perez; Katie Halstrom (Sorensen's); Judi (Carolyn Bye); Audie (Pat Benchik); Nadine (Kathy Bramley); Ataliya (Dee Gutierrez); Karen (Janet Conlon); Bill Bramley (Todd Bramley); Griselda (Alex Cortinas); Rick O'Roark; Tony Rivera (Deborah Rivera); David Dees.

For more information on our ongoing ministries or events scan the QR code or go to Crossofhope.org

**All Worship Information may be found on Crossofhope.org
In the Worship Section.**

We appreciate your continued giving at Cross of Hope:

Giving Tab on crossofhope.org, Vanco

Via US Mail

Online bills pay through your bank.

