

RAYS of HOPE JOURNAL

May 2025, Volume 43, Issue 5

Mission Statement

Cross of Hope is a Spirit-centered community that shares in Christ's love through worship, education and outreach to develop and strengthen relationships with God.



Day by day, as (the baptized) spent much time together in the temple, they broke bread at home and ate their food with glad and generous hearts, praising God and having the goodwill of all the people. Acts 2:46-47a

Grateful Hearts

The Holy Spirit stirs through the lives of the faithful to come and see Jesus at work in the world today. The Holy Spirit stirs through the hearts of the faithful to come and be baptized and join in the work of God through the body of Christ – to bear God's creative and redeeming word to all the world. The Holy Spirit stirs through the faithful gathered at Cross of Hope today.

On behalf of Laura, Addy and Benny, thank you! Our hearts are filled with gratitude at your generous gifts of presence, presents and prayers of thankfulness and praise to God for our 10 years of ministry together as pastor and people here at Cross of Hope.

One of my areas of growth is to show and share appropriate vulnerability, and to receive the gifts and partnership of others. I see the way God is at work through our shared journey grounded in diverse and inspired worship, varied and group based faith formation, and a commitment to outreach to help us live the gospel of love and service that we proclaim together. The ministry of Cross of Hope continues to affirm, challenge, fulfill, and humble me as the husband,

father, and pastor that God has called me to be.

Thank you for making Cross of Hope a place where all can gather with grateful hearts to learn and grow in life and faith.

Peace,

Pr. Adam

Cross of Hope Lutheran Church and School

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This Journal of Cross of Hope Lutheran Church is published each month for the enrichment of the mission ("Loving God • Transforming Relationships • Serving Others"), for the life of the people of God at Cross of Hope and our community.

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WE WANT YOUR NEWS ITEMS

Deadline is 10th of the month for the following month's edition. Send E-mail articles to office@crossofhope.org, bagby@crossofhope.org, or deliver to church

office.

Stewardship

Stewardship involves your time, talent and treasure. Contact the church office for assistance in getting started in any of our ministries. Please remember Cross of Hope in preparing your will.

Cross of Hope School



Care Outreach

Transportation

Medical Appointments Other Appointments Necessary Errands



Emergency Meals

Family Emergency Illness Death

Assistance is available:

- www.crossofhope.org/forms
- Email: care@crossofhope.org
- In the Great hall
- Call COH office (505)897-0047x102



Love • Transform • Serve

School continued from page 2

Cross of Hope School News

Events in May

Mother's Day Tea for preschool parents May 6 and 7

Last day for afterschool enrichment May 16

Preschool moving up ceremony May 21 at 5:30pm

Last Day of School

Last Chapel for School Year

Graduation of Fifth Graders 11:00am

May 22





Working hard is also fun! Students work to create posters for El Dia de La Tierra.



Food Pantry Donations and Service

Our school is joining the Church's outreach project this month by donating to the Rio Grande Food Project for Mothers' Day. All non-perishable food (bagged or in cans) is accepted.



Recently, Mrs. Pratt's class did an excellent job serving at the **Food Pantry** for Catholic Charities. As we filled bags with cabbage, bologna, and hotdogs, we realized they have a need that we can meet. Will you please save your grocery bags? We can collect them here and turn them in there! This would be huge blessing to the volunteers and the families that receive the food. Please feel free to bring them in when it works for you. This will be an ongoing grocery bag service project.

School continued from page 3



The Roving Hope- r

By Mary Bresnahan

Hard to believe the school year is almost over. For our fifth graders that means closing a chapter in their *Book of Life and starting a new one*. But first, we must hear what is a great memory they have of Cross of Hope and what their plans are for the future.

Matthew



Mathew's favorite memory is of spending time with friends. "I am looking forward to seeing old friends at my new school. I will be going to St. Pius. Luke and Noah are there. I will also make new friends.

It will be weird not being here. I have been here since kindergarten."

Good luck Matthew. I am sure you will have many new friends.

Jordan remembers "lock-in" last year. This is when the 5th graders (and any 4th graders in the class, spend the night at church (in the sanctuary)).

"We played a game, watched a movie with popcorn, and had dinner. For breakfast we had 'pigs in a blanket'."

"I am going to either LBJ or St. Pius. I want to go to St. Pius. They have a nice campus."

Jordan is excited his dad is moving back to Albuquerque from Phoenix. He hopes they will have more time together and he will take him to school some days. All the best, Jordan. Hope your wishes come true.

Jordan



Saylee



Saylee's best memory can't be just one. She has three.

"I met my best friends here. They are a year older than me. I know we will be life-long friends.

Last year was my favorite class. Everyone got along. I have good memories. During 'lock-in'; we went outside and the door locked. It was fun and we were all laughing.

Roving Hope-r continued from page 4

The last day of school we promised we wouldn't cry. One of us started and then we were all crying. We hugged. I am going to St. Pius." Her friends are there in the 6th grade now. "I have been here since pre-school. It will be strange not to be here."

Good luck, Saylee. I am sure you will have fun and continue to grow. (The mask behind Saylee is hers.)

Addy



Addy's best memory is "First grade when Ms. Halstead tripped and spilled a bunch of markers all over everyone."

Another memory was in 4th grade. She was hanging out with the 3rd graders. Someone hit the volleyball and it went in the trash can.

Addy will be attending the Public Academy for Performing Arts (PAPA). She already has met a friend! "I met Penelope during orientation. She lives close to my house. Maybe we will be able to carpool together since the school is on the other side of town."

One change will be larger classes. There are 20-23 kids in a class, according to Addy. Addy shared they are required to take "dance and music plus one other class." She is hoping to get into theater. All the best Addy. This sounds like a great place for you to sprout your wings. (The artwork behind Addy is hers.)

Preschool Fun



Meeting Ms. Nancy's Donkeys



Dancing with joy with Ms. Keri in chapel.



Waiting in the Taco Truck Line for taco orders.



Jump-a-Thon

Council Corner

By Jessica Williams

Hello from your newest council member! It has been a joy to learn about the inner workings of the church and all of the folks that give of their time and talents to make it run smoothly. We are blessed by a very hard-working community of volunteers and friends!

Our April 22, 2025 council meeting was opened with a devotional and prayer by Greg Morrison.

On the agenda:

- The results of the congregational straw pool regarding the interest in a columbarium were reviewed. This topic will be further addressed by Duane Meneely.
- Bob Arseneau gave a presentation on the logistics of obtaining solar power capability to
 provide for our electrical needs, including a detailed cost-benefit analysis, prompting much
 discussion. No decision has been made; council members will take time for individual
 prayerful consideration of this option in the weeks ahead.
- Finally, the council unanimously voted in the affirmative to send Greg and Nancy Morrison as our congregational representatives to the Rocky Mountain Synod Assembly being held in Albuquerque on May 22-24, 2025. Many thanks to the Morrisons for their willingness to attend this event on our behalf!

The meeting was adjourned following a closing prayer by Pastor Adam.

Astronomy Night

The next bi-annual COH Astronomy night is scheduled to be at **Mariposa Park** on **Friday, May 30**.



Pastor Rick Alpers will begin just before dark (8pm). You're welcome to bring your own telescopes and binoculars.

Register Now for RTLC Day Camp



Registration is now open.
Click here

Camp@COH in May



May 7 is Nacho night!

The final camp for the school year will be May 14

It will be celebrated in a party style with oodles of fun, faith-building, music, and more!

5:30pm - 7:30pm

Nurse's Corner

By Mary Hughes



Depending on when you grew up you probably heard of measles, German measles, hard measles, red measles, or three-day measles. Today it's Rubella or Rubeola or what they refer to in the media as Measles. It's in the news because we have had a recent increase in this preventable disease.

The New Mexico Department of Health (NMDOH) is notifying healthcare providers that 58 cases of measles have been confirmed in New Mexico. As of April 11, CDC had reported over 700 cases nationally. The neighboring states of Texas, Oklahoma, Kansas, and Colorado have all reported multiple measles cases, the vast majority associated with the Texas outbreak. Texas has also reported three new measles cases in El Paso County. Almost all of these cases were non-immunized.

Measles is a highly contagious virus that spread through the air when an infected person coughs or sneezes. It can cause fever, cough runny nose, red eyes and a rash that spreads over the body. Serious complications can occur, including pneumonia, brain swelling and even death.

It is not just a "childhood disease". Pregnant women infected with measles are more likely to be hospitalized, develop pneumonia and die than non-pregnant women. Adverse pregnancy outcomes including pregnancy loss, preterm birth and low birth weight, are associated with maternal measles. No antiviral therapy is available; treatment is supportive. Vitamin A does not prevent measles and should only be prescribed by a physician for supportive care.

We have the ability to eliminate this deadly virus. The US was able to state that Measles was gone in 2000. But we can't rely on others to protect us or our most vulnerable community of infants or the immunocompromised. They once said the disease was only a plane ride away, now it's just a car ride away. Vaccination with the measles, mumps, and rubella (MMR) vaccine is safe and remains the best protection against measles.

If you have questions or concerns, please feel free to contact me: Mary Herrmann Hughes RN (505)321-7264.



Carolyn Bye and Margie Reed stop to smell the beautiful roses in front of the Church entrance.



Our wonderful and talented Praise+ Team on Easter Sunday.

Alleluia! Christ is risen!

Community Outreach News



Mothers' Day Food Drive May 11, 2025

Please start collecting nonperishable food items to donate to the Rio Grande Food Project. Drop off will be at the designated area in the Great Hall. Items like oatmeal and cereals, pastas and sauces, bread and crackers, rice and grains, canned and dried beans, canned fish and chicken, canned veggies, canned and dried fruit, nuts and seeds, butters and jelly/jams, canned and boxed soups.

PROPERTY UPDATE

Our church and school would like to extend a special thank you to the students at **Menaul School** for serving us last week. They helped clean, spread bark on the playground, helped us organize our resource rooms, closets, and sheds, and they did it with grateful hearts! What a blessing our partnership with this incredible school has been!















The Mission of Cross of Hope Faith Connections Group

To provide an opportunity for all people to share Christ's love and authentic community in a small group setting where lives are transformed through growth in faith and service to others.

COH Small Group Ministry

Jesus Lives!

Why do you look for the living among the dead? He is not here, but has risen! Luke 24:5b

Christ is alive! Let Christians sing. We proclaim the good news of Easter in hymn 389 in Evangelical Lutheran Worship (ELW). Jesus lives! We are the risen Body of Christ who walk by the grace of the Holy Spirit in newness of life. The great 50 days of Easter (a week of weeks!), we dwell in stories of the resurrection – hearing the Easter proclamation with the women at the empty tomb, seeing the wounds of the risen Christ with his disciples - and then moving from these stories of encounter to stories of call as disciples of the risen Christ. Join your Making Faith Connections small group in exploring the ongoing resurrection through Easter people – like you and like me - loving and serving through the Church today until earth and sky and ocean ring with joy, with justice, love and praise (ELW 389 v5)

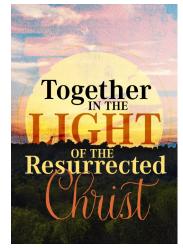
Weekly topics in May

May 4 Taste the Bread (and fish!)

May 11 Hear His Voice

May 18 Love as He Loves

May 25 Receive the Holy Spirit



To join a small group, email RC Jordan at media@crossofhope.org

Lunch Bunch

May 14

The Office 10035 Country Club Ln NW 1:00pm

Please call Florence Begay or email her for a head count by May 12 Phone: 505-363-5827, email: florencebegay2011@gmail.com.

May Birthdays



MAY birthdays

Kristin Case 5 David Humble 5 **Gary Warner** Louise Hawley 5 Diane Pressel 8 Barbara Wright 10 Susan Case 11 Tim Fuller 11 Michele Moser 12 Sheri Phillips 12 Kristi Valdez 12 Carolyn Bye 14 Pete Wormwood 16 David Bagby 17 Janet Wormwood 18 Linda O'Neal 21 Christian Wylie 22 Morgan O'Roark 24 Oliver Kouri 24 25 Florence Begay **Denise Soto** 26 **Bob Reed** 28 Julie Morgan 31





Heart Strings

Members of COH unable to worship with us on a regular basis. Please contact and let them know we care.

Carroll Werling

Palmilla Senior Living 10301 Golf Course Rd NW Apt 144 Albuquerque, NM 87114



May Anniversaries

Day

Years

ARIES		
Charlie and Jane Anderson	25	51
Mike and Patty Westerfield	27	47
David and Kathy Albin	28	48
Rick and Kimberly O'Roark	28	31





Celebration of Life for Ross Sutter

May 3
2pm
Cross of Hope Church and School

mercy of God, rest in peace

May his soul and the souls of all the faithful departed, through the

Alleluia! He is Risen!









He is Risen, Indeed! Alleluia!



Lutheran Campus Ministry of New Mexico

Cross of Hope Lutheran Church received a plaque and sincere thanks and gratitude for our continued partnership for ongoing Christian ministry to students and young adults.

A Columbarium for Cross of Hope

The Columbarium Committee thanks all you who filled out the survey regarding having a columbarium at COH. 63 surveys were received. Of those, 32 wanted to pursue having a columbarium. 11 did not want to pursue this, and 20 were undecided or wanted more information. The surveys will be saved in case anyone wishes to see them. Contact Duane Meneely dmen1@aol.com

Welcome to Cross of Hope



We welcomed the following people to our Church family and community on Easter Sunday.

Debra Gonzales, David and Elizabeth Jennings, Marc and Renae Johannsen, Cecilia Lawrence; Dennis and Linda Milks, Bob and Barb Morton, Nick Neely, Barb Oberhelman, Todd Olsen, Linda O'Neal, Cecelia Pepper, Holly Reimholz, Gary and Rhonda Warner, and Joan Wilson.



Maundy Thursday and Good Friday services





Photos courtesy of RC Jordan



Summer Schedule begins May 25 845am Outdoor on the lawn 10am in the Sanctuary

When you need these services, please think of Rays of Hope sponsors.

We thank them for their continued support in offsetting the costs (by \$10 per month) associated with producing Rays of Hope each month.

thrivent

Matthew J Klandrud, ChFC®, RICP®, CKA®



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Cross of Hope Church and School Congregational Council Team cohcouncil@crossofhope.org

Pastor Adam Berndt, Margie Reed -President, Sherrie Simek –Vice President, Greg Morrison – Treasurer, Janet Conlon - Secretary, Bob Arseneau, Jessica Williams, Ron Wirths, and Ron Cordova.

thrivent

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Susan Rivera, Director of School Ministry Cross of Hope Lutheran Church and School



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Courtney Knutila, Preschool Director Cross of Hope Lutheran Church and School

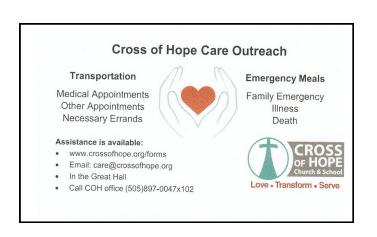


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CROSS OF HOPE LUTHERAN CHURCH AND SCHOOL

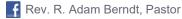
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Mission Statement

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505-897-0047 • office@crossofhope.org www.crossofhope.org

Facebook Page: Cross of Hope Church

Worship Times:

On-Site Sunday - 9:00 a.m. Sunday - 10:45 a.m. Digital: Sunday: 9:00 a.m.

Devotions: Monday-Friday 9:00 a.m.

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May 2025

May Book Suggestions

by Dee Gutierrez and Charlie Anderson

Dominion: How the Christian Revolution Remade the World - Tom Holland

Dominion tells the story of how Christianity transformed the modern world.

Recommended by Charlie Anderson...

Sanctuary- Patrick Barrett

For decades, his family rescued lost and forgotten donkeys in the Irish countryside. He had no idea that one day, the donkeys would rescue him.

Everyday Battles: knowing God through our daily conflicts- Bob Schultz

"Every battle we face is designed to show us more of what God is like."