

## Created to Be...

*It was you, O Lord, who formed my inmost parts; you knit me together inside of my mother. I praise you, because I am fearfully and wonderfully made. Wonderful are your works, I know that very well!*  
Psalm 139: 13-14

The week of June 10th was full of the Holy Spirit moving through Rainbow Trail Lutheran Day Camp! Enjoy the stories these pictures share of God's presence from this awesome week. We're grateful for our amazing counselors, Payton, Maddie, Daniel and Sarah, our dedicated director, Nancy Lacher, 19 volunteers and 66 kids who made this week sparkle with joy, love, and boundless energy! It is a great gift to learn and grow together in life and faith!

Peace,  
Pr. Adam



### Cross of Hope Lutheran Church and School

6104 Taylor Ranch Road NW  
Albuquerque, NM 87120  
Phone Number: (505) 897-0047  
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*This Journal of Cross of Hope Lutheran Church is published each month for the enrichment of the mission ("Loving God • Transforming Relationships • Serving Others"), for the life of the people of God at Cross of Hope and our community.*

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### WE WANT YOUR NEWS ITEMS

Deadline is 10th of the month for the following month's edition. Send E-mail articles to [office@crossofhope.org](mailto:office@crossofhope.org), [lbagby@crossofhope.org](mailto:lbagby@crossofhope.org), or deliver to church office.

## Stewardship

Stewardship involves your time, talent and treasure. Contact the church office for assistance in getting started in any of our ministries. Please remember Cross of Hope in preparing your will.

## Cross of Hope School

**SCHOOL REGISTRATION**  
**Online Registration for the 2024-2025 year**

[Click Here for Registration Details](#)



Information: 505-250-5186  
Sign up Below

[Tap to register for Special Needs VBS or to Volunteer.](#)

## Special Needs Vacation Bible School

**July 22 – July 26, 2024**  
**9am – 11:30 am**

**Cross of Hope Church**  
**6104 Taylor Ranch Rd NW, Alb 87120**

## Care Outreach

### Transportation

Medical Appointments  
Other Appointments  
Necessary Errands



### Emergency Meals

Family Emergency  
Illness  
Death

### Assistance is available:

- [www.crossofhope.org/forms](http://www.crossofhope.org/forms)
- Email: [care@crossofhope.org](mailto:care@crossofhope.org)
- In the Great hall
- Call COH office (505)897-0047x102



# Cross Of Hope Scheduled To Host Family Promise



COH will Host Family Promise AUGUST 4-11, 2024!

## Signups include:

- ***In-Person hosting***, from 5 pm to 7 pm at the designated site location.
- ***Hot Meals delivery***, six days of the week.
- ***Some household supplies***, and other goods may be needed as well.
- ***Groceries***, items for breakfasts and lunches, including preparations to allow FP families to make hot breakfasts Saturday and Sunday.

Updated information will be available soon through the Sunday bulletin(s). We will have a ministry moment on July 14. Sign up tables will be set up on Sundays, July 21 and 28.

Blessings always!  
Glenna Meneely and Jan Anderson



## **SUMMER SCHEDULE AT CROSS OF HOPE**

8:45 am – simple worship on our lawn, BYOC (Bring your own chair)

10:00 am – worship inside, live-streamed on our Facebook page

Church Office Hours: 9 am – 3 pm

***Thursday, July 4, church office is closed.***



# Council Corner

by Sherrie Simek, Council Vice President

*Trust in the Lord with all your heart, and do not rely on your own understanding; in all the ways know Him, and He will make your paths straight.* Proverbs 3:5-6 Hello from your council! We have just a couple of items for you this month so you can stay in the know.

## School Update:

- As I mentioned last month, the School Ministry team has made some hires. Lets put names to those new hires: Linda Aragon— 1st grade; Natasha Natewa— 2nd grade; Jade Gilmore— Preschool Educational Assistant. Their start date is August 5, 2024 along with the returning teachers. Their salaries are within budget. Other positions have been interviewed for and additional hires have been made. Names and positions to follow in the August Rays Of Hope. As June rolls into July, enrollment and registration continues.

- Preschool has received the 5-star accreditation certificate for 2024-2025.

- Council approved funds for construction of a shade structure to Rader Awning for the elementary school. The plan is to have the shade structure in place as soon as it can be made, and then scheduled to be installed by the vendor.

**SAVE THE DATE! MARK YOUR CALENDARS** The congregational meeting will be held Sunday, August 25, 2024. Service at 10:00 am, followed by meeting at 11:00 am, followed by a potluck. PLEASE NOTE: THERE WILL BE NO CREATORS CALL TO WORSHIP SERVICE AT 8:45 ON AUGUST 25.

As always, your council members are here to serve you. We are available for questions or comments. Seek us out.

Respectfully submitted, Sherrie Simek. Vice President Church Council

# Lunch Bunch

**Lunch Bunch for July!**

Join the lunch bunch on **Wednesday July 10<sup>th</sup>**, at 1:00 pm.



**M'tucci's Italian**

6001 Winter Haven Rd NW  
(Riverside Plaza)

Please call Leeon Carrico or email him for a head count by July 8, 2024.  
 Phone: 505-506-7707 or 505-554-1128  
 Email: [leeoncarrico@gmail.com](mailto:leeoncarrico@gmail.com).

# Property Update

By Margie Reed, Hope Gardener

## A Pathway to God! The Garden of Hope.

The Hope Gardeners have been extra busy taking care of the COH property. The latest big project was making a new walkway through the garden up to the emergency fire door.

Someone said to me that Pastor is the only one who uses that door. My reply was “yes, that is true, but it is also a pathway to God. However, you have to take a detour through the office and Great Hall to get to there.”

Sherrie’s garden looks beautiful with roses, cone flowers, and lots of other plants. It is such a nice addition to the south side of the church. She is learning how the irrigation system works but sometimes you will see Rudy, Margie, or Sherrie – standing in the line of the sprinklers.

Weed control is always a big job. Rudy works hard spraying the ditch between the church and the fire station as well as all the sand around the church.

The circle gardens in front of the Church are doing well as is the large garden next to the church stairs. We are all blessed to be able to enjoy Ruth Hinkel’s years of planting and taking care of flowers, daisies, irises, roses, Mexican sunflowers, lilies, baby’s breath and so many more. It is an honor to garden in this beautiful space each week. I am calling it “The Garden of Hope.

We all love that the 8:45 am outside service is held in front of the garden on the beautiful green grass. Rudy and Sherrie have worked so hard to keep the grass in great shape.

“In the Garden of Gethsemane, the closing chapter of the plan of redemption begins; the only path to the restoration of fellowship between God and man.” (Helen Cronin, [realworldbiblestudy.com](http://realworldbiblestudy.com))



## A Note From Forrest Uppendahl, Welcome Desk Volunteer

Hi all!

It's about time I let you all know that I'm officially a Colorado resident for the 4th time after being a NM resident for a total of 26 years. I have to admit my preference is the Land of Enchantment, but Colorado is my second choice.

I have a nice apartment at Lincoln Meadows Senior Living in Parker, just southeast of Denver. This became my new home after being in a rehab facility for 10 days following hip surgery. I've learned to handle a walker well and hope I can do without it soon!

Debra lives just 6 miles from me. She has found her calling as a deacon at Bethany Lutheran Church in Cherry Hills Village, just next door south of Denver.

The real plus being in the Denver Metro and Boulder is the fact that there are around 20 nieces and nephews plus a couple of cousins of mine. We like to get together around the various holidays and other occasions.

I certainly miss all you friends of mine from Cross of Hope! Particularly you gals and guys in the Spinn's group and the MFC group on Wednesdays.

My mailing address: 10001 S. Oswego Street #353, Parker. Colorado, 80134.

If you have plans to visit the Denver Metro now or in the future, I'd love to see you.

Phone is 505-228-7603. Once I'm able to store my walker, I'll get down to ABQ with some regularity.

Our family reunion is being held in Maryland next month and is hosted this year by my daughter, Lee Ann and her family. It's going to be a good one - sailing on the Chesapeake Bay, rowing on the Patuxent River, golfing on the neighborhood course, and having time to visit Salisbury, MD to look up distant relatives who landed from the Channel Islands of Jersey and Guernsey in the early 1800's.

I hope to keep in touch.

Love you all!

Forrest



# Happy Birthday

Eva Hubbard	1-Jul
Diane Carrico	1-Jul
Marjorie Pool	1-Jul
Dave Comfort	1-Jul
Beth Locke	3-Jul
Lynnette Anselmi	3-Jul
Linda Ehlers	4-Jul
Mary Hughes	6-Jul
Liz Sanchez	8-Jul
Jackie Taylor	9-Jul
Isabel Wickert	9-Jul
Jane Anderson	10-Jul
Mia Maldonado	10-Jul
Pat Mohr-Kelly	10-Jul
Duane Meneely	14-Jul
Cooper Horn	18-Jul
Leilani Streff	21-Jul
John Romisher	21-Jul
Steven Weiss	26-Jul
Stacey Taylor	26-Jul
Deborah Rivera	29-Jul
Draco Wormwood	30-Jul
Stephanie Webb	31-Jul



## Heart Strings

*Members of COH unable to worship on site.*

### Edee Bauer

2301 Golf Course Rd SE  
Apt. 1106  
Rio Rancho, NM 87124

### Carroll Werling

Palmilla Senior Living,  
10301 Golf Course Rd NW  
Apt. 144  
Albuquerque, NM 87114

## Notice of Address Change

### Rich and Pat Mohr-Kelly

1254 8th Street  
Jesup, IA 50648

### Forrest Uppendahl

10001 S. Oswego Street #353  
Parker, CO 80134

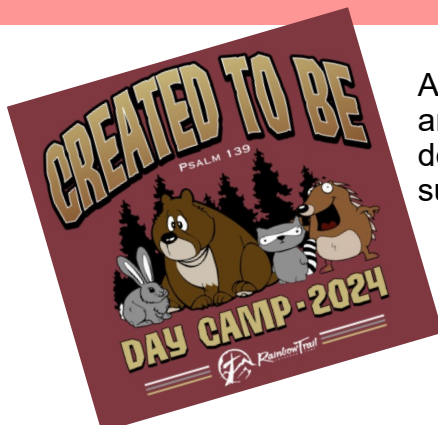
**Phones and emails** remain the same.

**Phone:** 505-228-7603



	<u>Day</u>	<u>Years Married</u>
David and Diane Pressel	23	41
Brandt and Kristyn St. Martin	23	8
Bob Grogan and Louise Hawley	24	13
Mike and Dee Gutierrez	25	35
Steven and Laurie Weiss	26	21
Russ and Cheri Sorensen	29	52

## RTLCL Day Campers Had a Blast!



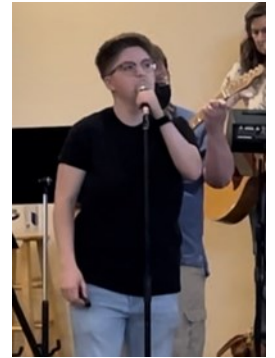
A huge thank you to all who volunteered and supported the campers through donations to help make this camp a success.



# The Happy Hope-r

## Sydney Reynolds

By Mary Bresnahan



**Birthdate:** November 14, 2001

**Occupation:** Paramedic, student

**Birthplace:** Albuquerque, NM

**Hobbies:** Music, watching sports, basketball, Reading, camping, fishing, Praise+Team.

You have met Sydney's mother. You know the old saying, "The leaf doesn't fall far from the tree." At the young age of 22, Sydney is also very accomplished. Sydney graduated from Cottonwood Classical Preparatory School with her high school diploma and an International Baccalaureate (IB) Diploma. She received a "full ride" scholarship to the University of New Mexico. Are you blown away yet? There is more.

She finished high school in the 10<sup>th</sup> grade and then focused the rest of her high school career on earning her IB Diploma! She currently attends the University of New Mexico full-time and is in her last year of her undergraduate degree (B.S.) in Emergency Medical Services with a minor in Chemistry. Sydney graduated last August as the Valedictorian from the Paramedic Academy at UNM. This was a one-year program within her undergraduate degree program at UNM in the Department of Emergency Medicine. After passing all the state and national exams, she is a fully licensed paramedic. Sydney is currently finishing up her pre-med classes and will be applying to medical school once she graduates in December of 2024 from the University of New Mexico.

Sydney said she was always interested in medicine. When she first watched Grey's Anatomy she was hooked. After watching an episode, she went to the computer and did further research on the cases that were highlighted on the show. She was always interested in helping people and learning new things. When Sydney was in high school, she went to Camp Neuro, a summer program at the University of New Mexico. The mission was to inspire high school students to go into medicine. They hit their target with Sydney! At Camp Neuro, a representative from the University of New Mexico came and spoke to the students about the EMS (Emergency Medical Services) program offered at the university. There are only a handful of colleges in the country that offer a B.S. in Emergency Medical Services. She plans on continuing to work in emergency medicine by becoming an ER (Emergency Room) doctor or potentially an EMS physician. This is what Sydney has wanted since she was 15 years old. How nice to have one of our own becoming a doctor!

Sydney spoke proudly about her parents and her grandparents being an influence in her life. They influenced her work ethic and told her to "chase her dreams." Her grandparents helped "mold her."

During her early years, her grandparents served as her caregivers while her parents worked full-time, offering support from early childhood through elementary and middle school. Their presence was especially notable during her time at Cross of Hope Elementary.



Sydney continued from page 8

Both of Sydney's parents were/are high school counselors. Her dad, Robert, is a counselor at Rio Grande High School. Sydney has one brother, Emilio, who is currently attending his first year at the University of New Mexico.

Sydney is active in the Cross of Hope Praise +Team. When we were without a director for a while, Sydney stepped up and filled in. From what I have heard and observed, she is always willing to help where she is needed. In addition, her smooth and mellow voice sings with joy every Sunday.

Like her mother, Sydney enjoys sports. While Shannon played basketball and softball, Sydney was more passionate about playing basketball in high school. Sydney was a five-year Varsity player and a four-year letterman at Cottonwood Classical Preparatory School. Sydney also participated in track and field for two years as a thrower where she also lettered. Now she enjoys watching basketball on TV during her spare time.

If you don't know either of these two amazing women, it would be well worth your while to take a moment to engage with them. They both have – and will continue to accomplish great things in their lives – serving the community and our church members by using their gifts. We sure are blessed to have them. Thanks Shannon and Sydney for all you do.



### **The Mission of Cross of Hope Faith Connections Group**

To provide an opportunity for all people to share Christ's love and authentic community in a small group setting where lives are transformed through growth in faith and service to others.

COH Small Group Ministry

The five weeks starting on July 28 are what is known as the 'bread cycle' as the readings all contain sayings from Jesus that revolve around the simple, staple food of bread. As we faithfully enter this time together, what would it mean to consider bread as a statement of faith? What does bread and God's word together teach us about faith? How does our relationship to bread proclaim our faith and inform the way we live a life of faith? Gather with a small group and dig in!

July 28 - enough for all.

August 4 - life for the world.

August 11 - gift of life.

August 18 - tasting God's word.

August 25 - words of eternal life.

Connecting in faith,  
Pr. Adam Berndt



## Honoring our 2024 High School graduates with homemade gifted quilts from Banner Babes

Kiersten Hielkema, Victoria Jahn, and Rose Abeyta-Toledo

### Upcoming Outreach Opportunity with New Mexico Ramp Project

Build location site in NE Albuquerque,  
near the intersection of I25 and San Antonio Dr  
on July 13, 2024

If you would like to volunteer for this build, for future builds, or  
would like more details, please contact

**Tim George**  
**email: [tgordon430@gmail.com](mailto:tgordon430@gmail.com)**  
**text/call: 505-412-9016**



## *Bible* **STUDY**

You are invited to  
"Interpreting the Bible with Grace"  
a free seminar and conversation  
with Dr. Mark Allen Powell.

When: Saturday, July 13th/ 10am-3pm  
Where: All Saints Lutheran Fellowship Hall/  
4800 All Saints Road NW  
All Are Welcome/ Lunch Provided  
RSVP with Krysta at [office@allsaintsabq.org](mailto:office@allsaintsabq.org)



**When you need these services, please think of *Rays of Hope* sponsors.**  
**We thank them for their continued support in offsetting the costs (by \$10 per month) associated with producing Rays of Hope each month.**

**thrivent**

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 cohccouncil@crossofhope.org**

Pastor Adam Berndt, Margie Reed- President,  
 Sherrie Simek- Vice President, Janet Conlon-  
 Secretary, Bob Arseneau, Linda Ehlers, Tim  
 Fuller, Greg Morrison, Kristi Valdez, and Ron  
 Wirths

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**Susan Rivera, Director of School Ministry  
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6104 Taylor Ranch Road NW  
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esdirector@crossofhope.org  
 School (505) 897-1832



**Courtney Knutla, Preschool Director  
 Cross of Hope Lutheran Church and School**



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 Preschool (505) 899-0928

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**Cross of Hope Care Outreach**

**Transportation**

Medical Appointments  
 Other Appointments  
 Necessary Errands



**Emergency Meals**

Family Emergency  
 Illness  
 Death

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**CROSS  
 OF HOPE**  
 Church & School

Love • Transform • Serve



## CROSS OF HOPE LUTHERAN CHURCH AND SCHOOL

6104 Taylor Ranch Road NW  
Albuquerque, NM 87120

### ADDRESS SERVICE REQUESTED



#### Mission Statement

Cross of Hope is a Spirit-centered community that shares Christ's love through worship, education and outreach to develop and strengthen relationships with God.

 Rev. R. Adam Berndt, Pastor

505-897-0047 • [office@crossofhope.org](mailto:office@crossofhope.org)  
[www.crossofhope.org](http://www.crossofhope.org)

Facebook Page: Cross of Hope Church

#### Worship Times:

On-Site Sunday - 9:00 a.m.

Sunday - 10:45 a.m.

Digital: Sunday: 9:00 a.m.

Devotions: Monday-Friday 9:00 a.m.

## July Book Suggestions

Recommended by Dee Gutierrez

### **The Memoir of Robert Murray M'Cheyne** - Andrew Bonar

Robert Murray M'Cheyne was born May 1813. He was a minister in the Church of Scotland from 1835 to 1843. He died 25 March 1843. He was not yet 30 years old.

### **God's Plan for Spiritual Battle:** victory over sin, the world, and the devil. - Russell M Stendal

Seek the guidance and leadership of the Holy Spirit and retaliate by Overcoming Evil with Good. There is a huge difference between a Peacemaker and a Pacifist! This Battle Plan for spiritual warfare, gleaned from the life and message of Jesus.

### **Walking with God:** a journey through the Bible - Tim Gray and Jeff Cavins

Tim Gray and Jeff Cavins take you on a journey through the “narrative” books of the Bible—the ones that tell the story—and present a panoramic view of God’s glorious plan of salvation. Their expert commentary dives deep into the mysteries of scripture, unlocking its riches and showing how these inspired words are meant for you today.