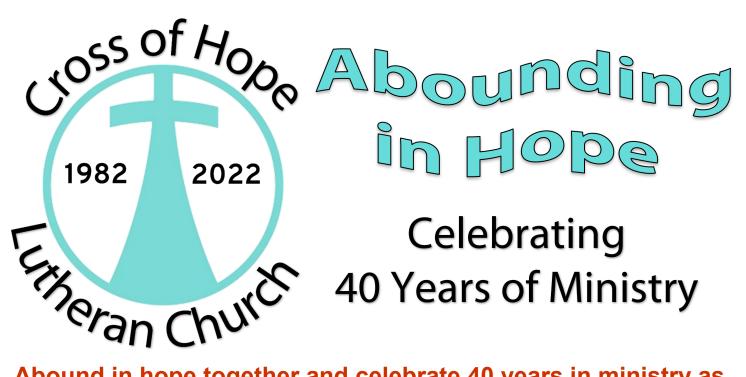


# **RAYS of HOPE JOURNAL**

April 2022, Volume 40, Issue 4



# Abound in hope together and celebrate 40 years in ministry as Cross of Hope *Friday, May 13th through Sunday May 15th!*

**Friday** will kick off the celebration <u>at 12 noon</u> with a Family Fun Day filled with fun activities, The Magician, entertainment and food! You won't want to miss this time to celebrate God's <u>transforming</u> <u>relationships</u> through the family of faith at Cross of Hope. Yes there will be lots of activities for kids, and yet it's a day of fun for YOU! All are welcome.

**Saturday** will be a day of <u>serving others</u> as God calls us to do as Cross of Hope. We'll gather for a service project opportunity (details upcoming) in the morning and/or afternoon, and then <u>from 5 p - 8 pm</u> we'll gather for an evening reception, dinner and entertainment highlighting and honoring 40 years of ministry.

**Sunday** we will gather for <u>Worship at 10 am</u> to continue <u>*Ioving God*</u> as we bless God for 40 years of ministry and give God thanks and praise for the journey that continues. A potluck lunch will follow with fried chicken and whatever else you all want to bring (sign up information to follow)! We can be inside and out and enjoy fellowship and food. Don't worry, there will be cupcakes throughout the weekend!

Monday, May 16 is the 40th anniversary of Cross of Hope Lutheran Church!

Peace,

R. Adam Berndt Pastor, Cross of Hope Lutheran Church and Schools

### Cross of Hope Lutheran Church and School

6104 Taylor Ranch Road NW Albuquerque, NM 87120 Phone Number: (505) 897-0047 E-mail: office@crossofhope.org On the web at: www.crossofhope.org cohcouncil@crossofhope.org

This Journal of Cross of Hope Lutheran Church is published each month for the enrichment of the mission ("Loving God • Transforming Relationships • Serving Others"), for the life of the people of God at Cross of Hope and our community.

Pastor:	Rev. R. Adam Berndt
Production Editor:	Linda Willoughby
Editorial Staff:	Beth Cretsinger Forrest Uppendahl
Columnists:	Pastor Russ Sorensen Gretchen Comfort
Contributors:	The Church Mouse
Reporter and Writer:	Mary Bresnahan
Photographers:	Antonio Alba Florence Begay Laura Berndt Margie Reed

Council Communication: Pat Benchik,-President Margie Reed,-Vice President and Executive Assistant:

#### WE WANT YOUR NEWS ITEMS

Deadline is 10th of the month for the following month's edition. Send E-mail articles to <u>office@crossofhope.org</u> or deliver to church office.

# Stewardship

Stewardship involves your time, talent and treasure. Contact the church office for assistance in getting started in any of our ministries. Please remember Cross of Hope in preparing your will.

# **Cross of Hope School News**



Debra Alba, School Ministry Director

a nonprofit Albuquerque organization who's mission is, "To break the cycle of homelessness for children and families. They do this by providing high quality early childhood education, therapeutic services, supportive housing, and parent education."

**SPRING SERVICE PROJECT -**

Will benefit Cuidando Los Niños.

(https://clnabq.org/our-mission/)

# We will be collecting the following items through April 8, 2022:

- New Socks ages 6 weeks to 5 Years old (girls and boys)
- Health Snacks (prepackaged)
- Potty Training Items
- 5-11 Size new Shoes (girls and boys)
- Clothes for 6 weeks 1 year old's (girls and boys)



# **School Online Registration is Open**

https://www.crossofhope.org/schools/ for more information. Tuition for the 2022-2023 School Year

### Elementary Tuition

Kindergarten - 5th grade: \$7,075

### **Preschool Tuition**

T/TH: \$2,290 M/W/F:\$3,430 M-F \$5,720

## God is so faithful!

Page 3

## He works through the hands and feet of those who love Him!

A Faith Story from COH Kindergarten Teacher, Susan Rivera

A few weeks ago my car broke down just outside of Las Vegas, NM on my way to Colorado to visit my son. Unfortunately, the engine would need to be replaced, and I was unable to afford those repairs. What's a person to do but seek first the kingdom of God? I prayed, I cried, I relied on others for their prayer and guidance. I was completely unprepared for the answer I received. My community group from church joined resources and purchased a car for me! I stand in awe at God's amazing provision and am assured of His promise in Ephesians 3:20 that says "Now to Him who is able to do exceedingly, abundantly ABOVE all that we ask or imagine!" Stand faithful, dear Saints, as God is a mighty God, a good Father, and is working miracles in our lives today!



Pictures of COH Kindergarten Teacher, Susan Rivera next to her car, and students and teachers from Cross of Hope School blessing her car!

# April Suggested Book Readings

### By Dee Gutierrez

**You Will be Made to Care:** The war on Faith, family and your freedom to believe. - Erick Erickson and Bill Blankschaen. - *You Will Be Made to Care* offers hope for preserving freedom of conscience with practical steps that believers, families, pastors, church leaders, and citizens can take to resist tyranny and experience a resurgence of faith in America... Christian books

**Giving to God:** The Bible's good news about living a generous life. - Mark Allen Powell -We all know that everything we have is a gift from God. But some-times it's hard to know just how to give back to God. How much is enough? What does the Bible really say? What should giving look like in our everyday lives? ...<u>Google Books</u>

**The Blessing** Gary Smalley and John Trent, Ph.D. - Brian endlessly sought his father's approval. Even when his dad lay dying, he pleaded, "Please say you love me, please!" For all who share that pain, Smalley and Trent offer healing. Explore the "blessing" bestowed by parents, discover what to do if you never received it, and learn to give *yours* to loved ones... Christian books



"Masked Hoper" question

Whose son flew an airplane to and from college?



COH Small Group Ministry

Lent 5, April 3, 2022 Love – John 12:1-8 Mary anoints Jesus

Sunday of the Passion – Palm Sunday, April 10, 2022 Luke 19:28-40

Maundy Thursday, April 14, 2022 John 13:1-17, 31b-35 Worship and Small Group series for Lent Turning Toward God's Abundance

Good Friday, April 15, 2022 Psalm 22

Vigil of Easter, April 16, 2022 Romans 6:3-11

Resurrection of our Lord, April 17, 2022 Luke 24: 1-12

## The Mission of Cross of Hope Faith Connections Groups...

To provide an opportunity for all people to share Christ's love and authentic community in a small group setting where lives are transformed through growth in faith and service to others.



## Rest Eternal Grant Them, O Lord. And Let Light Perpetual Shine Upon Them





Cross of Hope member, Elaine Uppendahl died March 19, 2022. Memorial, May 28, 11 am at COH Please keep Forrest Uppendahl and Debra

Alba, family and friends in prayer.

You may send cards to: Forrest Uppendahl and family 3900 Rock Dove Trail NW ALBUQUERQUE, NM 87120 and Debra Alba and family 8428 Calle Primera NW ALBUQUERQUE, NM 87120 Cross of Hope attender, Steve Scheld died March 20, 2022. Memorial, May 21, 11 am at COH Please keep Deborah Rivera, family and friends in prayer.

> You may send cards to: Deborah Rivera and family 5004 Sundew Ct NW Albuquerque, NM 87120

# **Other Scheduled Memorial Services at COH**

Helen Leon, Celebration of Life, May 7, 11. am

Stan Socha, Memorial, June 25, 11 am

Jan Hakala, Memorial, July 16, 11 am



Cross of Hope attender Harry Bachman died March 15, 2022.

A memorial service was at Cross of Hope Church and School, March 18.

You may send cards to: Vicki Bachman and family 7505 Deerfield NW ALBUQUERQUE, NM 87120

Please keep Vicki Bachman, family and friends in prayer.

### RAYS OF HOPE JOURNAL



Zach Zimmer	2-Apr
Elisa Woody	2-Apr
David Wilson	4-Apr
Herah LaChance	4-Apr
Kimberly O'Roark	6-Apr
Boden Bencomo	6-Apr
Kathy Bramley	7-Apr
Pat Holman	10-Apr
April Abeyta	14-Apr
Philip Wangberg	16-Apr
Zoey Gentile / Martinez	18-Apr
Ciara Frazer	20-Apr
Charlie Anderson	21-Apr
Bethany Venegas	21-Apr
Debra Alba	21-Apr
Hunter Streff	22-Apr
Brant St-Martin	22-Apr
Naiya Halstead	23-Apr
Brantley St-Martin	28-Apr
JD Dennis	29-Apr
Dawna Pascarella	29-Apr
Laura Benchik	29-Apr

Page 5





# **Heart Strings**

Members of COH unable to worship with us on a regular basis.

**Carroll Werling** 2331 Westside Blvd SE #202 Rio Rancho, NM 87124

Karen Reiten 899-1504 4841 Shin Avenue NE Rio Rancho, NM 87144

John Fries Gardens - Retreat Villas Assisted Living 4100 Jackie Road SE, #15 Rio Rancho, NM 87124

**Carol Sabrowsky** 1250 Northland Dr Apt 110 Princeton, MN 55371



Jan Anderson and Dale McCabe Cliff and Donna Saylor Dave and Gretchen Comfort Anthony and Deborah Rivera Pete and Janet Wormwood Gregg and Sharon Halstead Carol Russell 404-0566 crgardener@aol.com 121 Second Street Rio Rancho, NM 87124

Russ and Mary Pat Edwards Brookdale, 300 Valencia Dr SE, Apt 345 ALBUQUERQUE, NM 87108

**Bobbi Dopslaf** 10400 Universe Blvd. NW Apt 815 Albuquerque, NM 87114

### **Phone and Email Update**

Anthony Girard 505-363-8917 (uses a cell only).

### **Barbara Wright**

barbarawright45@gmail.com

Day/Month	Years Married
11-Apr	30
13-Apr	26
15-Apr	44
17-Apr	46
20-Apr	32
25-Apr	35

## **Communications Director**

The Communications Director ensures effective communication across various platforms such as website, social media, email, newsletter, bulletin, PowerPoint, and others as appropriate for Cross of Hope Church and School.

**Scope:** Part-Time **Duties include**: Maintaining and updating all of the following:

Digital Communications: website, social media accounts, weekly community email

*Worship Communications* - Sunday PowerPoint, Sunday bulletin (Hope-filled Happenings), Sunday leaders guides, special worship services as needed.

*Other Print Communications* - monthly newsletter (Rays of Hope Journal), and others as needed. For a complete job description, email <u>office@crossofhope.org</u>. Please send your resume and references to <u>office@crossofhope.org</u>.

# **Council Corner**

By Kathy Gorman (the person on the other end of Bart's leash), COH Council Member



The March Council meeting focused on financial and school issues. Every Council meeting starts with an overview of the church finances and discussion of any potential financial issues upcoming. Todd Bramley presented his usual enlightening overview of finances (with no large looming issues noted) and his report was accepted.

The school now has an official mascot, the creature some people outside New Mexico believe only exists in cartoons, the roadrunner. Enrollment is ongoing at the school and all are encouraged to spread the word on the quality of education offered here. The Cross of Hope preschool is working through the best ways to use the federal grant it recently received with many projects ongoing or on order.

As needed, Council members will be available between services to answer questions regarding the operation of church and school. We are still working on hiring a Communications Director and 40<sup>th</sup> anniversary planning is well underway. The Council is also looking for a new member to replace Denise Kouri. Anyone interested in filling the vacancy is urged to talk to any Council member. School ends May 13<sup>th</sup> and ways to celebrate the successful conclusion of a challenging year are under discussion.

Please direct any questions or concerns to any Council member and we will do our best to help.

# **Property Update**

The Property team has surfaced from beneath the snow. Spring clean-up has begun – removal of leaves and debris. Just look at the circle in front of the Church. Daffodils, hyacinths and crocus. The fragrance, as you step out of the doors of the church, is magnificent. Luckily, the snow hasn't hampered the development of the plants.

March 21-25<sup>th</sup> was school spring break and what a lot has been done around the property. New turf was installed in the preschool playground. The much-loved preschool playhouse was refurbished and stained.

New shelves were assembled and put in the preschool teachers' resource room and many other items were repaired.



Synlawn installing the preschool playground turf.

Property continued on page 8



# Herb Delker

As interviewed by: Mary Bresnahan



**Birthdate:** May 25, 1925 **Occupation:** Pilot **Married:** Beverly and Trudy Birthplace: Blissfield Township, MI

Children: 1 boy, Greg

Hobbies: Reading about flying and history

Herb was born into a Lutheran home in Riga, Michigan. There he attended church and school. He is of German descent – his grandfather immigrated to the United States, and Michigan, as a child. His paternal grandmother was from Germany and his maternal grandmother was from Riga. Herb proudly said that Riga produced more food on the farms there during World War II than any other place in the U.S.

Herb had a sister and a brother. His parents celebrated their wedding anniversary with the birth of Herb in 1925. There were always great parties during that time, including Memorial Day parades, etc. For a while Herb thought they were for him!

Herb remembered people talking about the flight of Charles Lindberg in 1927 when he flew to Paris France. This caught Herb's interest. He remembers a pilot flying in the fields on the family farm. In third grade, he wanted to learn more about flying and ended up reading all the editions of the encyclopedia - he got stuck on airplanes. And so, the seed was planted and grew throughout his life and still remains.

Herb attended Blissfield High School and graduated in 1942. He wanted to be a Naval Aviator but, while World War II was still raging, his parents would not allow him to enlist. Later he managed to talk them into allowing him to sign-up. He went to Detroit to the recruiting office and was told they stopped signing up 17-year old's the day before! What?! On his way home he went by an airport with a grass strip and decided to stop in. He ended up taking flying lessons there. At the age of 18 the Navy took him. They sent him to college for a year. Before he could start training as a pilot, he got scarlet fever and stayed in college for another semester. Then the Navy stopped taking pilots. What? Rotten luck. He transferred to the University of Wisconsin. He was discouraged and so didn't do well in school and ended up getting "kicked out." Next stop was the Naval Training Center in

#### Herb Delker continued from page 7

Great Lakes, Illinois. There was an airport nearby in Kenosha, WI. Herb did what he had done before and walked in to see about flying. The lady sitting at the desk, Beverly, became his wife in 1947.

Herb spent three years in the Navy – two years in school and one year teaching pilots to fly using a simulator for instrument flying. He was based in Corpus Christi, TX. There on a little grass strip airport he had private lessons. He enjoyed teaching how to fly.

Next step for Herb was getting his commercial pilot license which he did close to where he grew up. He got various ratings and taught for 2 -3 years. In 1951 he was hired by United Airlines. He went back and forth between co-pilot and pilot. In 1957 he became a captain. He flew many planes, from a DC3 to a Boeing 747. He had some flights overseas, including Japan, Germany and his favorite, Hawaii. At the age of 60, the airlines had a rule of "forced retirement," which Herb did in 1985.

This did not end Herb's flying time. He owned several "light" airplanes. He taught his son, Greg, how to fly. He got his multi-engine license by flying from the Chicago area to college at Southern Illinois University in Carbondale Illinois. Who gets to do that?! Greg is a structural engineer for United Airlines and gets planes back in service. Herb's grandson soloed in a glider at the age of 14 and now pilots a Boeing 747 for Atlas Airlines.

Herb's wife, Beverly died in 1987. Good friends, Trudy and Fred, lived in Michigan and came to Albuquerque for Balloon Fiesta every year. Herb crewed for them. When Herb and Trudy both found themselves widowed, they decided to marry. They "snow-birded" in Albuquerque and summered in Frankfort, MI. Trudy died in 2005. Herb remained permanently in Albuquerque.

In the picture Herb is holding a model of the last plane he personally owned, a 1975 Cessna 310R. He sold it because the insurance was getting too expensive. He wasn't finished flying. He went into partnership with several others and bought an Esqual which was a light sport plane. In 2018, the group decided to sell the plane because it was too hard to get in and out of. Herb explained it was like getting into a sleeping bag. He took his last flight at the age of 92.

Herb meets with some old flying friends at the Los Lunas air park for coffee. Herb's son, Greg, lives in Houston and his grandchildren on Florida.

#### Property continued from page 6



Next on the agenda is the delivery of sand and bark for the school's play areas. We will request our ever-faithful Boy Scout Troop to help in spreading the sand and bark.

Thanks to our fabulous property team: Rudy and Sherrie Simek, John Lacher, Ruth Hinkel, Pat Benchik and Margie Reed for their hard work and determination to get things done

(Left) Bob Reed makes the preschool playhouse safe and secure.

(Below) Bob and Margie Reed painting the Preschool playhouse.





## Thank you to all for Participating in the March Hosting

Many of you donated your prayers for the families, your time and resources: Hosting and preparing and delivering delicious Hot Meals, buying food and household supplies for their own meal preparation and self care while sheltered. Some of you danced and played music and had fun outside playing with the children. Some you made generous monetary donations, designated memorial funds to FP of Albuquerque, or stimulated others to create a furniture fund (of sorts) by sharing the great story of how FPA teaches folks how to fish.



Coordinators, Lois Caipen and Jan Anderson have been overwhelmed by the outpouring of support! THANK YOU!

In-Person Hosting is a rewarding experience! You may have heard the "fill the home" needs story that Liz shared with her MFC and WOW bible study groups as well as her friends at water aerobics who donated money to Liz for this single mom soon to graduate. One gentleman totally "connected" to the grandfather in the family groups. He was so quiet the rest of the week as I saw him compared to that night of adult chat. We are making a difference one relationship at a time. We were the first church to have Hosting hours for over 2 years (due to Covid.) The Hosting times during the week are only 5-7pm. When the overnight staff arrives the hosts leave. The experience can sometimes be quiet and sometimes very interactive and impactful. Thank you to those who stepped into that role! Hosts also get a free meal! Details are available as to how that all works.

# OUR NEXT HOSTING IS AUGUST 14 - 21, 2022

at the Montgomery Church of Christ location

## A FUNDRAISING EVENT IS HAPPENING SOON!! SWEET JAZZ CONCERT AND SILENT AUCTION

MAY 22, 2022 at THE SANDIA PRESBYTERIAN CHURCH on Paseo del Norte.

A flyer is on the FP bulletin board and in the Hope-Filled Happenings. Tickets are 5 for \$100 or \$25 each. Featuring Sid Fendly and Friends! It is So much FUN!.... And a chance to put examples of your crafts out in the community as items for the Silent Auction are requested. Call or see Jan Anderson for details. You are Good and Faithful servants of the Lord! Too many THANKS are not possible!



# Am I Saying the Right Thing!?!

It is a qualification for being Lutheran...caring about those around us. We love a good chat and sharing with others and staying current with what is going on with friends. So, when times are tough for someone we try to console them with words.

Frequently we know that serious situations exist but we aren't sure what to say. Sympathetic sounds with "I'm so sorry" means a lot. You are listening which can be a big help. Here are a few things you may or may not include in the visit. This can be for the friend, family member or anyone that is loved.

Try not to overemphasize how good someone looks if the individual is receiving treatments or is simply tired. They have mirrors and know exactly how they appear. Say what you mean, such as, you look determined or you have a good understanding of the situation. If you must say something about their appearance offer that their eyes may be sparkling or you are being so accepting.

Positive comments are "I don't know what to say, but I care about you and I'd like to listen". People are thrown for a loop by chronic health conditions and this gives them a chance to talk.

After listening give updates on friends you both know. Try to have a generalized time talking about news, weather and families. Let them know that it's okay not to be the perfect sick person. Being positive helps the listener but the affected person may need to unload or vent at times. Saying the entire ordeal is rotten can be A-Okay! Often just sitting quietly is enough. Loneliness is miserable and just being with someone can let them face things without speaking

If you take any food or coffee is provided, take out the garbage or help clean up before you leave. Be sincere not fancy and let them know you care for them!

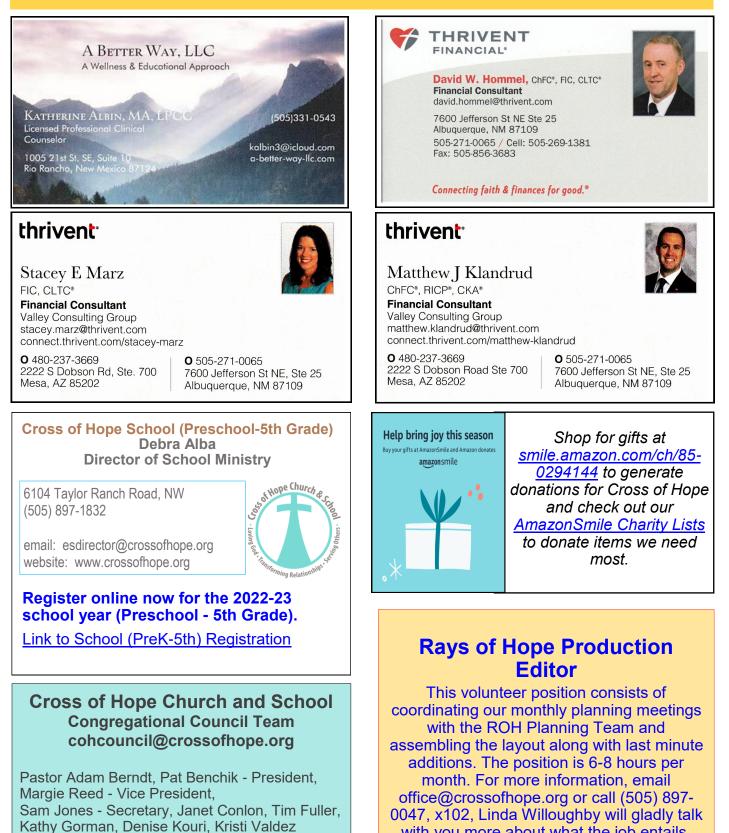
If someone is alone, offer to drive them to appointments, help with grocery shopping or walking the dog. Ask if there is someone they need to inform about their condition and you can do the calling with whatever news they want to share.

The worst thing any of us can do is avoid someone who is going through a rough patch for themselves or a loved one. Do not try to give situations that others have been through, often the end results may be totally different and false hope is not good.

A touch and maybe a prayer or tell them you are praying for them can touch someone's heart without other words.

## When you need these services, please think of Rays of Hope sponsors.

We thank them for their continued support in offsetting the costs (by \$10 per month) associated with producing Rays of Hope each month.



with you more about what the job entails.

#### CROSS OF HOPE LUTHERAN CHURCH AND SCHOOL

6104 Taylor Ranch Road NW Albuquerque, NM 87120

#### ADDRESS SERVICE REQUESTED



Mission Statement Cross of Hope is a Spirit-centered community that shares Christ's love through worship, education and outreach to develop and strengthen relationships with God.

**f** Rev. R. Adam Berndt, Pastor

505-897-0047 • office@crossofhope.org www.crossofhope.org

Facebook Page: Cross of Hope Church

Worship Times: On-Site Sunday - 9:00 a.m. Sunday - 10:45 a.m. Digital: Sunday: 9:00 a.m.

Devotions: Monday-Friday 9:00 a.m.

### RAYS OF HOPE JOURNAL

Page 12

April 2022

## Holy Week - Easter Schedule

### Sunday of the Passion - Palm Sunday, April 10 9:00 and 10:45 a.m.

Maundy Thursday, April 14

Worship – 6:00 p.m.

### Good Friday, April 15 Worship – 6:00 p.m.

### Easter Vigil,

Saturday, April 16, 8:00 p.m. Location: St Francis Episcopal Church 2903 Cabezon Blvd SE, Rio Rancho, NM 87124; 505-896-1999

### Resurrection of Our Lord - Easter Day, April 17 Worship – 9:00 a.m. and 10:45 a.m.

### A word from Pr Adam on the Easter Vigil:

Join me in worship on Holy Saturday for the Great Vigil of Easter with our friends in ministry at St. Francis Episcopal Church. We will gather with Christians throughout the world to celebrate Christ's Passover from death to life on this holy night. Come welcome the light of Christ on our new Paschal Candle; dwell in the great stories of our faith that proclaim God's saving action; give thanks for the gift of baptism; and celebrate the Feast of the Resurrection at Holy Communion. This is my favorite worship of the year! Come join me and experience what might be possible for us in years to come.

