

RAYS of HOPE JOURNAL

October 2022, Volume 40, Issue 10

Mission Statement

Cross of Hope is a Spirit-centered community that shares in Christ's love through worship, education and outreach to develop and strengthen relationships with God.

Camp at Cross of Hope



Outdoor ministry has been an important part of my life and I know I am not alone. Rowynn Adams spent the last two summers working at our 'local' outdoor ministry site, Rainbow Trail Lutheran Camp. Whether on site, Rainbow Trail Lutheran Camp South, or Day Camp at Cross of Hope, many of us have been inspired by our connection with Outdoor Ministry. With the formative camp experience as our guide and model, we're so happy to gather together on Wednesday evenings again. Please welcome Rowynn as our director for this experience.



Rowynn Adams Director of Camp at COH



The closing invitation from our partners in ministry at Rainbow Trail Lutheran Camp is to "take what you have learned down the mountain with you". Here at Cross of Hope, we are living this out through Camp @COH our Wednesday evening ministry. Join us for a time full of spiritual growth, family camp centered games and campfire worship, and Bible studies for all ages.

All are welcome! See you there! Pr. Adam

Cross of Hope Lutheran Church and School 6104 Taylor Ranch Road NW Albuquerque, NM 87120 Phone Number: (505) 897-0047 E-mail: office@crossofhope.org On the web at: www.crossofhope.org cohcouncil@crossofhope.org

This Journal of Cross of Hope Lutheran Church is published each month for the enrichment of the mission ("Loving God • Transforming Relationships • Serving Others"), for the life of the people of God at Cross of Hope and our community.

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Cross of Hope School News





Third, Fourth, and Fifth Grade Field Trip to the Petroglyphs.

Everyone hiked about a mile and then completed their junior ranger badge for Petroglyph National Monument. Jackson is shown being sworn in by a park ranger.

WE WANT YOUR NEWS ITEMS

Deadline is 10th of the month for the following month's edition. Send E-mail articles to <u>office@crossofhope.org</u> or deliver to church office.

Stewardship

Stewardship involves your time, talent and treasure. Contact the church office for assistance in getting started in any of our ministries. Please remember Cross of Hope in preparing your will.

School Online Registration

Tuition for the 2022-2023 School Year

Elementary Tuition Kindergarten - 5th grade: \$7,075 Preschool Tuition T/TH: \$2,290 M/W/F:\$3,430 M-F \$5,720 For more information:

https://www.crossofhope.org/schools

or contact Debra Alba (505) 897-0047,ext. 110

COH School Continued from page 2

Cross of Hope School News Their Journey in Learning

Field Trip to the Petroglyphs





Hiking the trail in The Petroglyphs



Teachers



Cross of Hope students enjoying their field trip.

Third Annual Walk-A-Thon

October 12 and 13, 2022

Scholastic Book Fair



Creating Book Fair Wish Lists.



Fun Fridays



Learning Chess



Art and Culture



The Sports School

Council Corner

Greetings and blessings from your Cross of Hope Council. We have been working several issues which are coming to fruition. Our biggest accomplishment for this month is the approval of updates to the Employee Manual. This brings it in line with new state requirements with regards to paid time off and adds holidays for staff in line with other like organizations. We are considering the idea of becoming a charter organization for a local Cub Scout Pack, in line with our current support for Boy Scout Troop 126.

The council is prayerfully considering the current and future staffing needs (more to come later). The resignation of Sharon Halstead was approved. She will be missed.

Streaming of church services is a consideration, as we move to what is next for our congregation. Any suggestions are welcome as we seek a path forward. Our new Wednesday Evening Service has become a popular inter-generational bit of fun.

Our financials continue to look healthy, but our offerings have been light lately. Please consider what you can do to help.

The Community Outreach committee is working on several upcoming events. There will be a Tailor Ranch community flea market in our parking lot on October 22.

Thanks for your continued support! – Tim Fuller

Sunday AM Classes

- Childcare (age 0-10) 8:50a noon Rm 115 (Florence Begay)
 K 5th Grade 10:30a Rm 203
- K—5th Grade 10a-10:30a Rm 203 (Nancy Lacher)
- Faith Connections 9:50a 10:45a Rm 306 (Rich Neely) *The Faith Connection group on Sunday AM is specially designed as a drop-in opportunity for those interested).
- MidHigh and SHY 10a 10:45a Rm 304
 Bible Study 10a 10:45a Rm 205
 - Rm 304(Rowynn Adams)Rm 205(Pastor Rick Alpers)



Celebration Sunday, September 11, 2022



Fond memories and farewell to Nancy Morrison.



Debra Alba sharing her good news on her journey



Nancy Morrison as lectern .



The Mission of Cross of Hope Faith Connections Groups... To provide an opportunity for all people to share Christ's love and authentic community in a small group setting where lives are transformed through growth in faith and service to others.

- The Nature of Faith -

There are now multiple small groups and locations for Making Faith Connections. *Sundays @ 9:50am Facilitated by Rich Neely and located at COH* Sundays @ 12:30pm Facilitated by John Valdez and located at COH Sundays @ 1:30pm Facilitated by Jan Wormwood and located at COH Wednesdays @ 10:30am Facilitated by Sheri Phillips and located at group members homes

Wednesdays @ 6:30pm Facilitated by Pastor Pat and located at COH Thursdays @ 1:00pm Facilitated by Jan Anderson and Lois Caipen and only over Zoom

The Faith Connection groups on *Sunday Morning at 9:50am and Wednesday Night at 6:30pm* are specially designed as drop-in opportunities for those interested. Weekly topics in October

October 2	Faith: The Greatest Gift	Luke17:5-10 (mustard seed faith)
October 9	Faith: Worth Celebrating	Luke 17:11-19 (Jesus cleansing 10 lepers)
October 16	Faith: Persistent!	Luke 18:1-8 (parable widow and unjust judge
October 23	Faith: Unexpected!	Luke 18:9-14 (parable Pharisee and Tax Collector
October 30	Faith: Because/Therefore!	John 8:31-36 (GospelReformation Sunday)

For Specific information or questions about these groups please contact Pastor Russ Contact: Pastor Russ Sorensen 505-400-8206; Email: <u>r2sorensen@gmail.com</u> Continued from page 1

Bible Study/Fellowship:

6:30p - 7:30p Mid-High Youth/ConfirmationRm 302Pastor Adam6:30p - 7:30p Sr. High Youth -Rm 304Rowynn Adams6:30p - 7:30p Adult Making Faith Connection group (*Open to drop- in) - Pastor Pat - Rm 306 (*TheFaith Connection group on Wednesday night is specially designed as a drop-in opportunity for thoseinterested).

6:30p - 7:30p Voices of Hope (Choir)

Sanctuary

Thomas Ropp

ABQ Aloft

The last day of September, Cross of Hope Church and School was blessed with a hot air balloon right in the middle of the parking lot. Children, parents, parishioners, and members of the community came out for donuts, hot chocolate, coffee, and a big, beautiful balloon!

I balloon!

Praise + Team at the Westside Music Festival

Back for an encore appearance this year was our very own Praise + Team performing at the Westside Music Festival on Saturday, September 24 at Mesa View Methodist Church. Our Praise + Team performed last year for the first time. This was a free event that was sponsored by local churches. In addition to great music, there was a great variety of craft booths and two food trucks onsite.





Soccer at Isotopes Park, October 5 at 7pm

Start Fall Break at the New Mexico United Soccer Game with fans and friends from Cross of Hope. Come cheer on the home team against LA Galaxy II. Tickets are \$19. This is a school fundraiser. To sign up and receive the ticket link, email Pr. Adam at

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October 2022

Tea by the Sea



Friendship Tea is Right Around the Corner

Ladies, get out those hats and invite your friends to come to the 14th Annual Friendship Tea...

November 5, 2022 at 11:00 am Tickets will go on sale on Sunday October 23 between the church services.

Things are in full swing as the Banner Babes get ready for our annual fundraiser, the Friendship Tea. There will be a delicious luncheon, raffle items galore, and entertainment. Of course, the most important thing is there will be a couple of hours of fellowship.



Dear Cross of Hope Congregation,

It is my privilege and honor to share the following information on behalf of our family. My sister, Erica S. Rozolsky, is currently in Seminary as a Postulant for Holy Orders in the Diocese of the Rio Grande of the Episcopal Church. She is a Seminarian at the School of Theology-Sewanee: University of the South in Tennessee. We are so excited for her and request continued prayer as she enters her third year at the Seminary. We have all been blessed with the love and fellowship we have found at Cross of Hope. Our family wanted share this important news, with the Congregation.

Peace and Love of the Lord be with you,

Gratefully in your service,

Elisa Mclellan,

Cross of Hope Lutheran Church Member



HOPE GARDENERS – Fall is Finally Here by Margie Reed

Summer proved to be challenging for the Hope Gardeners as hot weather, rain, and tons of weeds made it difficult to keep the property in tip top shape. But, as usual, the team did a great job! New volunteers Terry Caipen, Lynne Bagby, and Laurie Weiss joined Ruth Hinkel, Sherrie and Rudy Simek and Margie Reed in trimming shrubs, tending to flowers and roses, cleaning up the parking lot, and taking care of anything else that needed to be done.

Now it's officially fall, so the gardeners will be busy raking leaves, cutting down flowers and decorating for fall.

We are blessed to have these volunteers taking care of God's landscape.



Fundraiser for our Mid-high and Sr. High Youth



Our Youth will be selling Mia Bella's Candles and scentsations.. Browse our beautiful selection of premium scented natural wax candles and other gourmet products on **October 23 and November 13** in the Great Hall. These products make awesome gifts for all of the favorite people in your lives! Help give the gift of scents. If you would like to preview these wonderful products, go to:

https://scent-team.com/Patrice

Cross of Hope New Service Opportunities

COH's Crisis Care Ministry is soon to be embodied by two separate teams:

1. Hospitality - a long-standing team providing service by hosting various events. Currently staffed by 37 volunteers.

2. Care Team - New! And Now Forming! Three areas of service:



Transportation Crisis Care Meals Interface with Community Services





Coordination for the teams is being provided by Claudia Russo. We hope to be up and running very soon and details for obtaining assistance from the Care Team will be be published in upcoming Hope Filled Happenings.

In the meantime, if you would like to be a part of this team, and could provide assistance from time to time, please contact Claudia at care@crossofhope.org

Materials and guidelines will be sent to anyone volunteering.

Lunch Bunch - October



The Lunch Bunch will be meeting Wednesday, October 12 at 1pm at Cracker Barrel on Coors and 5700 Redlands NW (North of I-40). Please let Beth Cretsinger know if you plan to attend. Call/text (505) 249-1162, or email <u>ddbecrets@gmail.com.</u>



More fun at Cheddar's

Lunch bunch at Cheddar's in September

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HOLY BAPTISM

Noelle June Kouri, child of Kevin and Melanie Kouri, was baptized Sunday, September 4, 2022.

We welcome Kevin, Melanie, their son Jacob and Noelle as new members of Cross of Hope.



Address and Phone Updates

Sharon and Gregg Halstead 620 Larks Nest Way Monument, CO 80132

Kevin and Deney Perkins, Ryan Hale: 804 Rincon De Romos Dr Rio Rancho, NM 87124



David and Toni Kovarik Michael and Patrice Leddy Chris and Julie Morgan

Day	Years Married
1	45
16	40
22	39



Birthday Celebration for Sherrie and Rudy Simek, and Happy Anniversary to both.



Who is our "Masked Hoper" question:

Who stayed in a castle in England?

See page 12 for the answer.



Heart Strings

Members of COH unable to worship with us on a regular basis.

Herb Delker 6404 Santolina Dr NW Albuquerque, NM 87120

Carroll Werling 2331 Westside Blvd SE #202 Rio Rancho, NM 87124

> Karen Reiten 899-1504 4841 Shin Avenue NE Rio Rancho, NM 87144

John Fries Gardens - Retreat Villas Assisted Living 4100 Jackie Road SE, #15 Rio Rancho, NM 87124 **Russ Edwards** Brookdale, 300 Valencia Dr SE, Apt 345 ALBUQUERQUE, NM 87108

Bobbi Dopslaf 10400 Universe Blvd. NW Apt 815 Albuquerque, NM 87114

Carrol Russell 974 Old US 70 West Old Fort, North Carolina 28762



Cross of Hope member Mary Patricia Edwards died September 11, 2022. Her memorial service will be at Cross of Hope Church on Friday, October 14, 2022 at 11am. there will be a light lunch following the service. Please keep Russ Edwards and family and friends in prayer. **Rest eternal grant her, O Lord. and let light perpetual shine upon her.**

Send cards to: **Russ Edwards and Family** Brookdale 300 Valencia Drive.SE Apt 345 Albuquerque, NM 87108



Cross of Hope member Ruth Franz died peacefully Saturday, September 24, 2022. Her memorial service will be at Cross of Hope Church on October 29 at 10 am. Please keep Sue McWilliam, Jan Wormwood and family in prayer.

Rest eternal grant her, O Lord, and let light perpetual shine upon her.

Send cards to: **Susan and John McWilliam and family** 11 Snow Peak Rd Placitas, NM 87043-9114

Janet and Pete Wormwood and family 4902 El Picador Ct SE Rio Rancho, NM 87124

Walk to End Alzheimer's and Clinical Trial for Alzheimer's Prevention

Have you or someone you know been touched by Alzheimer's Disease or another type of dementia? We are looking for people who want to make a difference in the future of Alzheimer's so that no one else will have to go through this awful disease. Cross of Hope is hosting an amazing chance to give back not only to the community but to the future of Alzheimer's.

We have two opportunities coming up:

The first is to participate in the Walk to End Alzheimer's which will be held at Mariposa Park on October 15, 2022, at 9:00 am. For more information, please visit the following website <u>2022</u> Walk to End Alzheimer's - Central New Mexico Walk in Albuquerque | Walk to End Alzheimer's

The second way to participate is to get involved in a clinical trial. Clinical trial participants play an essential role in the advancement of medicine. A clinical trial may seek to cure or ease chronic illnesses, provide better treatment options than those currently available, develop new technologies or improve patients' overall quality of life. In this process, you could be part of the reason why a more effective therapy exists for current and future generations to come.

IMA Clinical Research is proud to announce that we will be bringing a 2 Mobile Research Units (MRU's) to Albuquerque to help provide an opportunity to get involved in an Alzheimer's Clinical trial. This trial is looking for people ages 65-80 with "normal" cognition to be a part of testing a medication that will hopefully change the world. The trial will be testing for a protein called P-tau, which is said to be a pre-cursor for a buildup of plaque which is said to be found in Alzheimer's disease. The trial is looking at removing that plaque-which is HUGE!

The MRU's will be in the Cross of Hope parking lot on October 15 from 7am-4pm. You can get screened, and then go to the walk or come get screened after you walk. What a day to make a difference in the lives we love!!

Please reach out to Kim O'Roark, the Healthcare and Community Outreach Manager for IMA Clinical Research, is you have any questions 505-417-4206.

IMA Clinical Research is committed to the successful conduct of all clinical trials and accelerating timelines for patients to receive safe and effective treatments. Advancing the development of new



Kimberly O'Roark, CRC, CTRS, CADDCT, CDP

Health Care and Community Outreach Manager

Albuquerque Neuroscience is now part of IMA Clinical Research mobile: 505.417.4206 office: 505.848.3773 fax: 505.848.3741 email: <u>kimberly.oroark@imaresearch.com</u> imaresearch.com





Please scan the QR code to go directly to our website





Doris Hermann

As interviewed by: Mary Bresnahan

Birthdate: July 30, 1929	
Birthplace: Waterloo, IA	
Marriage: May 25, 1950 to David	
Children: Mary & Joel	
Hobbies: Paint – oil & on china	Occupation: Worked at a meat packing and pajama factory

Doris was born on a farm in Iowa. She had two younger brothers (Harold living in IA and Glen who passed away). When she was a year old, the family moved into the city (Waterloo). Other members of the family remained on the farm. Doris' mother, Martha, was a teacher and her father, Guy Bass, continued to help out on the farm. His primary job was with B. F. Goodrich, in sales. Additionally, he owned a gas station for a while. Both Martha and Guy grew up on a farm. (As it was back in those days, several generations were involved in farming.)

After high school Doris went to college. She didn't like it so she got a job at Rath Packing where they packed bacon, ham, and burgers. She worked first shift in the office. This is where she met David, her husband to be. This was his summer job, and he was working second shift. David was a teacher and taught typing, English, and music.

After they married, David taught in Lake Park, IA. One of Doris' brothers was a vet in Sibley, IA. He went to see the local principal and got David a job there. David and Doris moved and lived there for about five years.

David's parents sold their farm in IA and bought a larger farm in Minnesota because the land was cheaper. David's mother talked to the principal there and got David a job. So, another move for David and Doris. They were located in Farmington, just outside of Minneapolis. David's brother was also farming there and built a "big" house. He gave David and Doris a couple of acres and they built a "small" house.

Once the children were in grammar school Doris went to work at a pajama factory. She was a "boss" and showed new employees how to use a sewing machine to make pajamas. Doris and David started to travel when the children were a little older. It was easy since they had family right there to watch after the children. What also helped with travel plans was the fact that David oversaw the exchange student program. They could travel any time of the year for about two weeks. There would be one in-bound student per year per school. Sometimes a student stayed with them. (Doris had a former exchange student from Columbia visit with her this past July.)

Hermann continued from page 12

David was a member of a travel club so they would host travelers from around the world and the U.S. Hosting would be reciprocated when they traveled. Most of their traveling was by car. They went to Columbia, Europe and Canada.

I think Doris' favorite trip was to England and London. They purchased a car here in the states and picked it up in London. There they stayed in a castle. Doris' son, Joel, was in the Navy at the time and was able to meet them. They drove all over, including Spain and down the Danube River, visiting friends in Hamburg and Berlin. In addition to traveling in Europe they also traveled of the states, seeing 49 of them.

Doris' daughter, Mary Hughes (whom we all know), became a nurse and went to work on the Indian Reservation in Shiprock, NM. In 1990 after Doris' husband David retired, they decided to move to Albuquerque to be closer to Mary. They were staying at Ronald McDonald house. Strange place to be you might think, but Mary was there while her adopted child from the reservation was going through heart surgery. (That was Florence Begay whom we all know.)

A friend of Mary's invited Doris over for dinner. Their host said he wanted to sell his house. Hmm, Doris thought. She went home and told David. He looked at the house, liked it and they bought it. Doris is still living there.

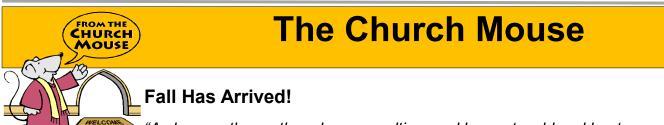
Somehow, Doris thinks there is nothing special or exciting about her life. I think she has had some wonderful experiences and adventures. If you want to see Doris' eyes twinkle, ask her about her travels. Or maybe her great great granddaughter, Ruby who is 9 months old. Doris also has five grandchildren: Florence, Martha, Sam, Matthew and Nicholas.



Children experiencing the waters of Baptism during September 11 service.



Pr. Adam sharing God's love to our children at COH.



and winter, day and night will never cease." Genesis 8:22

Fall is here. The mornings are cool and crisp, the days are getting shorter and of course, football season is in full swing. Everyone has their favorite season. Some of us love the colors of spring, the green leaves coming out and the flowers starting to bloom. A time of rebirth. Then the heat of summer. We like to take walks, watch children play in our yards and admire blooming flowers. Of course, we get to eat that first tomato from our vegetable gardens! Winter is the other side of the coin. Cold temperatures, snow and some nasty days.

Each of us has that favorite time of year. I love a little piece of each season but autumn is definitely my favorite. I love the cooler temperatures and the crisp mornings. Nothing is nicer than walking your dog on an early fall morning. No matter where you go in the country, there are places where the fall colors really come through. Try New England in the fall. What a beautiful place, but here in New Mexico there are beautiful places too. You don't have to go far. Just walk in the Bosque along the Rio Grande. What a beautiful sight.

I know temperatures and a lot of other things come into play when the trees start to turn, but I have a mental picture, and in that picture, the Lord is sitting in his art studio with paint brush in hand. He paints a little gold here and a little orange there. Every year, every autumn, He creates a new painting.

So, sit back and enjoy his handiwork.



7th Hike to End Hunger



October 29, 2022

Come walk, hike, run or bike with us to raise awareness about food insecurity in Albuquerque, NM! Rio Grande Food Project's Hike to End Hunger gathers individuals, families, companies and organizations to walk a 5.5 loop hike along the beautiful Bosque Trail north of Alameda. Join us to learn about the vision of RGFP and enjoy a casual, fun day for an amazing cause - alleviating hunger and cultivating long-term food security in our communities

View all information at: <u>www.rgfg.org</u>

When you need these services, please think of *Rays of Hope* sponsors.

We thank them for their continued support in offsetting the costs (by \$10 per month) associated with producing Rays of Hope each month.



CROSS OF HOPE LUTHERAN CHURCH AND SCHOOL

6104 Taylor Ranch Road NW Albuquerque, NM 87120

ADDRESS SERVICE REQUESTED



Mission Statement

Cross of Hope is a Spirit-centered community that shares Christ's love through worship, education and outreach to develop and strengthen relationships with God.

f Rev. R. Adam Berndt, Pastor

505-897-0047 • office@crossofhope.org www.crossofhope.org

Facebook Page: Cross of Hope Church

Worship Times: On-Site Sunday - 9:00 a.m. Sunday - 10:45 a.m. Digital: Sunday: 9:00 a.m.

Devotions: Monday-Friday 9:00 a.m.

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October 2022

October Book Suggestions

Gilead - Marilynne Robinson

Winner of the Pulitzer Prize and National Book Critics Circle Award, GILEAD is a hymn of praise and lamentation to the God-haunted existence that Reverend Ames loves passionately, and from which he will soon part.

The Cost of Discipleship - Dietrich Bonhoeffer

The Cost of Discipleship is a book by the German theologian Dietrich Bonhoeffer, considered to be a classic of Christian thought. The original German title is simply Nachfolge. It is centered on an exposition of the Sermon on the Mount, in which Bonhoeffer spells out what he believes it means to follow Christ.

Living Like You Belong to God - Kay Arthur, David and BJ Lawson

40-Minute Bible Studies series. In six lessons you will learn what holiness is, why it's essential to pleasing God, and what the practice of holiness looks like in everyday life.

Recommended by Dee Gutierrez