

RAYS of HOPE JOURNAL

October 2023, Volume 41, Issue 10
Mission Statement

Cross of Hope is a Spirit-centered community that shares in Christ's love through worship, education and outreach to develop and strengthen relationships with God.

You, O Lord, are indeed my rock and my fortress; for your name's sake lead me and guide me...

Psalm 31:3



Cairns to Mark the Way

I'll never forget the first time I had to follow a trail marked by Cairns – a literal 'heap of stones' as the Gaelic term from which it originates means. I was on a hike in Canyonlands National Park a few years ago and I've never felt like more of an adventurer even though it was a well-used trail. Cairns have been used for many different things throughout time as both guides to mark safe routes both by land and seas, to mark and hide stored food supplies, and even for ceremonial purposes and to mark gravesites. When you spend time hiking, you learn early that you should not make your own Cairns so as not to confuse or lead astray those who come after you.

During my sabbatical, I found myself reflecting on the gift of the Cairn during a hike on a sparsely traveled trail (and I use that term loosely) in one of the canyons in the Rio Chama Valley near the Monastery of Christ in the Desert. I was able to confidently find my way up and back because of the gift of cairns that marked the way. For me, alone in an unfamiliar place, I found that they offered both solace and relief that I was on the right path (if you go to hike alone, please tell someone your plans in case of emergency. In my case, a fellow guest and a monk knew my plans). Again, using the term 'trail' loosely, the cairns assured me that, even when there is more than one 'right path,' someone has been here to help mark the way – at least a way that worked for them. Cairns are less

a way to tame the wild with a trail and more a means to respect and honor the wild by letting her be as we pass through in communion. Thanking her for letting us in to share in the beauty that is her nature while leaving necessary bread crumbs to find our way home again. I know I did not take the exact same route down as I did up and I think that is the point.

As you consider your journey of faith, what are the cairns that mark the way as you walk through the beautiful landscape that is life in God?

It is a blessing to walk with you, Pr. Adam





Cross of Hope Lutheran Church and School

6104 Taylor Ranch Road NW Albuquerque, NM 87120 Phone Number: (505) 897-0047 E-mail: office@crossofhope.org On the web at: www.crossofhope.org cohcouncil@crossofhope.org

This Journal of Cross of Hope Lutheran Church is published each month for the enrichment of the mission ("Loving God • Transforming Relationships • Serving Others"), for the life of the people of God at Cross of Hope and our community.

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WE WANT YOUR NEWS ITEMS

Deadline is 10th of the month for the following month's edition. Send E-mail articles to office@crossofhope.org, lbagby@crossofhope.org, or deliver to church office.

Cross of Hope School

Now enrolling new students at Cross of Hope School

Please click on this link to begin our Online Registration process:

https://ch-nm.client.renweb.com/oa/?memberid=2059

Campus tours are available for those families interested in becoming more familiar with Cross of Hope School. To schedule a tour prior to registering your child/children, please contact Susan Rivera, Director of School Ministry at 505-897-1832 or email esdirector@crossofhope.org. We look forward to seeing you soon!

Cross of Hope School is a welcoming, Christ-centered community providing high quality education in a nurturing environment that respects each child's development.



Pastor Adam leading chapel with pre-school and prekindergartners

Stewardship

Stewardship involves your time, talent and treasure. Contact the church office for assistance in getting started in any of our ministries. Please remember Cross of Hope in preparing your will.



Fall Break will be October 9 and 10. The school will be closed, but the Church office will be open.

School continued from page 2

Welcome to Cross of Hope School

A special thank you to all of our Church and school community for making our Scholastic Book Fair and Walkathon a huge success!





Left:: 4th and 5th Graders at a Petroglyph field trip













Students creating with lists for the book fair.



School continued on page 4

School continued from page 3



The Roving Hoper

By Mary Bresnahan

October is upon us! Amazing how time flies. The Roving Hoper is back and exploring what the Cross of Hope children are up to. The question was looking to learn what the kiddos are looking forward to in October.

Kindergarten - Genevieve



We can go trick or treating. I will be Spooky Audrey when she was evil. We decorate our house with spooky things. Balloon Fiesta happens too.

2nd Grade -



"I am from Washington D.C. It is my first year here. I like it. My cousin is coming from Virginia. She is 8. I like to cuddle with my dog, Skye (a Pitbull). I also have a Norwegian Elkhound, Cokie. My Halloween costume is a pilot (passenger plane).

4th Grade -Sienna



"October is my sister's birthday. She was born 12 years ago. My cousin was born in Oct. Also the Day of the Dead. For Halloween I am going to dress as Sandy from "Grease'. My best friend's (since birth) birthday is Oct 1.

First Grade - Eliana



Eliana did a lot of nodding. With some help she mentioned Balloon Fiesta. "They are big balloons that people ride in. I will go trick or treating in the neighborhood. I will dress up as Addison from the movie "Zombie'."

3rd Grade - Jayce



"In October there is Halloween, Jack's birthday and Balloon Fiesta. I like to see the cow. Other than that, I just stay home and go to school."

5th Grade -Shayla



"My siblings (3) have their birthdays in Oct. and my dog, Tucker. My parents have their wedding anniversary and my grandparents their wedding renewal. I go to cheer practice and soccer games at Hope Christian. My cousin is on the team."

Safety and Security- with help from COH and GOD!

"God is our refuge and strength, an ever-present help in trouble". Psalms 46:1

This article is to give you an update about the policies and procedures Cross of Hope has in place to help keep you safe here in God's house.



Fire, active shooters, unwelcome intruders, and other types of emergencies are topics we really do not want to discuss, however, in these times of uncertainty we should be aware of the various methods of staying safe and secure wherever we are. We constantly hear and see on TV or in the newspapers the awful things happening all over the country but always believe they cannot happen to us.

Learning about Safety and Security

The week before school starts at Cross of Hope, teachers and staff spend the week preparing for the arrival of the big day. There are many activities planned by the Director of School Ministries to bring the teachers together in thought, prayer, and teaching.

Part of their training includes learning about what to do in emergency situations. Safety and security are not a simple task. It requires an immense amount of planning, emergency preparedness, documentation, appropriate training and working with law enforcement.

Important topics addressed include how to administer CPR, how to use the AED if someone is having a heart attack (located on the wall in the alcove), what to do if a person is injured or sick while they are at COH, how to use walkie-talkies in case of emergencies, what to do when there is a fire drill and a lock-down drill and what to do if there is an active shooter. The Church, School, and Preschool have policies and procedures in place for these topics.

To ensure fire alarms, sprinkler systems, emergency lighting and fire extinguishers are working properly and are up to code, a comprehensive inspection is done of all of the equipment annually. In addition to the annual inspection, fire drills are done monthly, and lockdown drills are done quarterly by Rudy and Sherrie Simek who also check all the fire extinguishers and carbon monoxide detectors throughout the building to make sure they are all working properly. These drills demonstrate to students and others present in the building what to do when the drills occur.

But what would you do if an emergency occurs while you are at a Cross of Hope Service or an event in the Great Hall or Sanctuary? This article is intended to give you an overview of how to stay safe in any situation.

Fire Alarm

In case of Fire, the first thing to do is – DON'T PANIC. There are Emergency Exit Maps hanging in various places in the building that show a primary exit and secondary exit. Take a look at one of them to see where these and other exits are located.

Safety Continued fon page 6

Safety continued from page 5

If you are in the Sanctuary, there are two glass exit doors to the Great Hall which lead to the outside via the main front doors. In addition to the glass door exit, there are two exit doors which lead directly to the outside. The exit door on the right exits to the south side of the building and the door on the left exits to the north side into the playground. The Sanctuary also has two more exits that aren't initially seen. One is located from inside the Sacristy (the room on the right) which leads to the south side of the building. The other one is located from inside the room (on the left behind the Praise Team instruments) which leads to the north side of the building into the playground.

Please remember to help anyone around you who may need assistance exiting the building.

Lockdown Situation

If someone enters the facility unexpectedly with a gun or other weapon the first thing to do is – try not to panic. Immediately move into the first room near you, lock the door, slide the bolt on the inside of the door, turn out the lights, close the shades, stay away from any windows or doors, be quiet and wait for an all clear from the authorities.

If you are in the Sanctuary, close the glass doors, secure the bolts at the bottom of the doors, and close the curtains next to each set of doors. Turn off the lights, move as far away from the doors as possible, and be quiet.

There should be only one person calling 911 to report the incident. During school hours that person is the front desk volunteer, the Director of School Ministries, the Church Administrator, or the Pastor. During the Sunday services, the ushers are the first to call and for events the person in charge of the event.

EXTRA SAFETY FEATURES at COH

Each room has a slide bolt installed on the inside of the door. Some classrooms have adjoining rooms and there are locks on both doors. As mentioned above there are bolts located at the bottom of the glass doors.

Every room contains a handheld fire extinguisher, located on the wall next to the door near the slider lock. This can be used to deter the attacker by spraying it on them.

There are orange lockdown buckets in each room. If you need to be in the lockdown room for any length of time, there are emergency supplies such as snacks, water, first aid supplies, flashlight, hand wipes, toilet paper, and the bucket can even be turned into a toilet with a shower curtain for privacy. There is a list of items and instructions on the top of each bucket.

The next time you come into Cross of Hope, take a few moments to look at the Emergency Maps, the location of the additional door slider locks, small fire extinguishers on and next to the inside of each room, and the location of the orange bucket.

If you have any questions or need additional information, please contact Margie Reed at cohcouncil@crossofhope.org, Rudy and Sherrie Simek at rsmik1053@yahoo.com, or Linda Willoughby at office@crossofhope.org.

By Margie Reed, COH Council President

Council Corner

by Ron Wirths, COH Council Member

Carol and I are relatively newcomers to the Cross of Hope community. We relocated to Albuquerque in April 2019, having moved from Rose Hill, Kansas – a small suburb of Wichita. We have two grown sons, one in Allen, Texas and the other in Albuquerque. We thought that, instead of two long drives to visit them, we should move close to one or the other. We chose Albuquerque. Then our younger son and his wife in Allen started a family and we now have two grandchildren, ages 1 and 2 $\frac{1}{2}$. Now that long drive has become much more frequent than we ever anticipated as we try to be part of our grandkids' lives.

Both Carol and I retired from Boeing in Wichita. I retired in 2002 with 30 years of service in jobs ranging from Accounting Operations to Financial Computing Systems management and later as Business Manager in several major manufacturing units. Most of my time was in Wichita, but I did have a seven-year assignment in Macon, Georgia. Carol retired in 2007 after a total of 15 years with Boeing primarily in government program cost reporting – the difference being that she elected to be a stay-at-home mom till our sons went to high school. My primary hobbies are gardening and fishing. Gardening has proven problematic here, as the desert climate is more challenging than my prior experiences and the space I have is very limited. The fishing is different also, as I find myself wading a lot of small mountain streams in quest of very elusive prey instead of sitting in a boat with a cooler at my feet not really working very hard at it.

When we first arrived here, we took some time exploring congregations and trying to find the church that best fit our needs. We are delighted to have found Cross of Hope. The friendliness of the congregation, the abundance of programs and the energy of the staff and volunteers made us feel at home. Then with the closures and social distancing of the pandemic era, it took a while to feel comfortable venturing into public places. The small group bible studies really helped bridge the gap in regular church activities, and we treasure the time we spend with our adopted study group.

I have served in various capacities in other congregations we have attended over the years, including church treasurer, financial secretary, stewardship committee chairman, building committee member, usher, and facility volunteer. I am happy to serve Cross of Hope in whatever capacity I can.

Now – enough about me. Let's talk about the Council:

The budget for the 2023-24 fiscal year carefully considered the needs of both the church leadership and the school staff. There were a lot of changes in the school staff as a new school administrator was installed, and several education and support positions had to be filled. The salaries were adjusted to maintain competitive compensation for the skilled members of the school team. There are also a few planned expenditures for badly needed audio/visual and office computing equipment. Most of the budget items are consistent with past expenditures adjusted for inflation.

COH is very healthy financially, mostly because of prudent management over the years and the generosity of past members. Our current giving just narrowly matches the expenses of day-to-day operations. On a positive note, the balance sheet is fundamentally strong, and, with some thoughtful fiscal planning, we should be able to earn a bit more interest on our cash reserves.



The Mission of Cross of Hope Faith Connections Group
To provide an opportunity for all people to share Christ's
love and authentic community in a small group setting
where lives are transformed through growth in faith and
service to others.

COH Small Group Ministry

Cross of Hope Worship and Small Group Series on Community Life

Gather with us at Cross of Hope for a worship and small groups. are will exploring letters to God's people with a focus on Community Life. We hope for this time to Transform our relationships with God, self, and others!

If you are interested in trying out a small group opportunity this year, contact the church office at (505) 897-0047, ext. 102 or Pastor Russ Sorensen at r2csorensen@gmail.com or (505) 400-8206 for more information.

Community Life

Worship and Small Group Series Schedule

Oct 1	The Shape of Community	Philippians 2:1-13 and Matt 21:23-32
Oct 8	The Clash of Values	Philippians 3:4b-14 and Matt 21:33-46
Oct 15	The Invitation to a New Way	Philippians 4:1-9 and Matt 22:1-14
Oct 22	The Life of Thanks	I Thessalonians 1:1-10 and Matt 22:15-22
Oct 29	The Gift of Grace	Romans 3:19-28 and John 8:31-36
Nov 5	Your Belonging with God	I John 3:1-3 and Matt 5:1-12

Open group meetings: Sunday's 9:45 am and Wednesday's 6:30 pm Talk with Pastor Russ Sorensen about other available time options. Pastor Russ Sorensen at r2csorensen@gmail.com or (505) 400-8206

Ordination and Celebration



Join us on October 15 at 10am. We will have one worship service with the Rite of Ordination for Debra Alba.





Caitlein Bye-McCleskey	3
Kathy Albin	4
Marisol Wickert	5
RC Jordan	9
Milo Kouri	10
Janet Conlon	12
Dee Gutierrez	13
Deney Perkins	14
Susan McWilliam	15
Jan Anderson	19
Amy Ellis	20
Richard Mohr-Kelly	25
Adam Berndt	26
Kathy Gorman	28
Anthony Girard	29
David Pressel	29
Keri Sutter	31

The Church office will be closed on October 9 in observance of Columbus Day and Indigenous People's Day.



Heart Strings

Members of COH unable to worship with us on a regular basis. Please contact and let them know we care.

Dale and Edee Bauer

4905 Wagon Mound Trail NW Albuquerque, NM 87120

John Fries

Gardens - Retreat Villas Assisted Living 4100 Jackie Road SE, #15 Rio Rancho, NM 87124

Karen Reiten

899-1504 4841 Shin Avenue NE Rio Rancho, NM 87144



	<u>Day</u>	<u>Years</u>
<u>Married</u>		
David and Toni Kovarik	1	46
Michael and Patrice Leddy	16	41
Chris and Julie Morgan	22	40



Marjorie Pool

Fairwinds @Rio Rancho, Apt 920 Riverview Dr SE Rio Rancho, NM 87124



"Young at Heart" Celebration

Join us on October 22. We will be celebrating some special senior citizens—our nonagenarians. This is a term dating back to the 1800 to refer to people who have reached a milestone birthday of 90-99 years of age.

Youth and Camp@CoH News





In September we launched our Camp@CoH with our youth. This year it is even more like a Rainbow Trail experience than last year. We have rearranged our schedule to have a meal, all Camp activities, a Bible study that coincides with Rainbow Trail studies, and a campfire worship at the end in our new area on the playground.



We have three villages for our kids, an elementary age group. They named themselves the Act's (Amazing Children of the Cross) and then our MHY and SHY groups. We also have a Mama and Papa's group that helps with meals, coordination, and activities.

We want to thank our church members who have been so generous in supplying meal items and monetary donations to assist with meals.

It appears that the concept is catching on. Our group has been growing each week. Here are some pictures of our fun times: All camp relay races, meal times, and campfire worship with S'Mores.



Live well, laugh often, love much!

Nancy Lacher, Youth Coordinator, nlacher@crossofhope.org, 505 934-0401

Church Mouse

A Family Tree

"How good and pleasant it is when God's people live together in unity." Psalm 133:1

Maybe you're an only child or maybe you come from a family with many brothers and sisters. No matter how big or how small, all of us are members of a family. Many families get along just fine and really enjoy doing things together and what about those wonderful holiday gatherings. They can't be beat. But, not all families get along. Sometimes, it's a clash of personalities but usually it's over something simple and silly.

Here's a good example. The mother of a good friend of mine passed away. My friend remembered back when she was a child and she would help her mother make pies and they would roll out the dough with a ceramic rolling pin. That was really the only thing she wanted out of her mother's possessions.

Astronomy Night

Cross of Hope will sponsor an Astronomy Night event on Friday, October 20. (Weather permitting) It will begin at 7:30p and is expected to last a couple of hours. Telescopes, some of them large, will be provided, however guests are welcome to bring their own telescopes. Information about astronomy in general and specific celestial objects viewable in October will be given. This will likely be held at Mariposa Park or at Cross of Hope Church, but the exact location has not been determined yet. More information will be forthcoming. This is a family event, and children are welcome.

Contact: Pastor Rick Alpers, ralpers@gmail.com, 831-225-9939

Hope Garden Update

by Margie Reed, Gardemer

The grass withers and the flowers fall, but the word of our God endures forever.

Isaiah 40:8

It's October and finally cooler days and nights are here. The leaves will soon begin to change colors and then gracefully start to fall. I say gracefully, however when our New Mexico winds kick in the leaves will be blowing all over the place.

Plants and flowers were cut down in the garden and the rose bushes trimmed. The Mexican sunflowers are just about the last flower to bloom and among the toughest to cut down. The large circle flashes its fall decorations. The planters on either side of the bench and the flowerpots at the side door have been filled with fall colors and a few pumpkins.

You will find Rudy and Sherrie buzzing around the

property and parking lot trying to see if they can surpass the number of bags of leaves, they collected last year. I just don't know how they keep up with it all. Rich Mohr-Kelly has been lending a hand doing whatever it is that Rudy needs assistance. John Lacher is at the Kachina side of the property tidying up the shrubs and plants for the season.

That's it for this month. After all the leaves are bagged, we can all kick back and wait for Spring. I really can't wait.

Mouse continued from page 10

Her brother had other ideas. He said that they should hold an auction and then everything would be fair, so my friend agreed. The day of the auction came and things were sold quite rapidly. Then came the ceramic rolling pin. She was excited and couldn't wait to win the rolling pin. Her brother definitely had other ideas. He started bidding against his sister and she finally had to pay \$1200 to win the rolling pin! Needless to say, their relationship has never been the same.

I'm sure you can go back in your family and come up with a similar story. Breakups and disagreements in families usually start over something minor. What a waste to not speak to someone because they never returned your garden rake or maybe "mother always liked him more than she liked me.

Let's get over it. Think about what you're missing and maybe make the first step. I sure hope my sisters do.



The Happy Hoper Forrest Uppendahl

By Mary Bresnehan



Birthdate: August 17, 1936

Marriage: September 14, 1963

Children: Debra, Lee Ann

Occupation: Marketing/sales

Birthplace: Garden City, Kansas

Married Where: Denver, Colorado

Grandchildren: Four

Hobbies: country music, history, vehicles

Forrest was born to Otto and Dorothy Toadvine-Uppendahl. He had two older brothers, Don and Cliff who are now deceased. Forrest's dad was an itinerant farmer and builder. They lived in a rental house in a small town in Scott County, KS. There was no electricity or indoor plumbing. The children attended school in a one room schoolhouse with about ten students total. Most of the family's food came from his mother's garden which Forrest helped with. While the family was in Kansas, they made several moves to farm different properties. They lived close to Forrest's maternal and paternal grandparents which gave him a close connection throughout their lives.

Forrest's dad always had an interest in politics which planted a seed for Forrest. (Keep in mind that Forrest was five years old when World War II (WW II) broke out with the bombing of Pearl Harbor Dec. 7, 1941.) Forrest and his dad would go to events together and Forrest was taught him to get in front and put his hand out for a handshake. Forrest has continued this habit to this day. Living on a farm, Forrest learned to drive a tractor and like a typical little boy was attracted to cars. He has always had an eye for a nice vehicle.

The family made shopping trips to Colorado - always at Montgomery Ward Catalog House in Denver. There was much to interest a young boy from western Kansas – streetcars, escalators, big buildings, restaurants, etc. In 1948 the family moved to Boulder, CO buying their first house. Forrest finished junior high and high school there, and then attended University of Colorado (CU) majoring in Business – Marketing, graduating in 1958. During this time Forrest's parents divorced. His mother worked at the university.

After graduation Forrest worked for Pittsburgh Plate Glass (PPG) in inside sales (meaning he spent a lot of time on the phone). He quickly realized this job didn't seem to have much of a future. In April of 1959 he received his draft notice into the military. He served his two years in the Army mostly in the southeast where he learned about the world outside of Kansas and Colorado, particularly racial segregation. While in the military he had administrative duties. This certainly served him well in the years to come. Forrest became a commissioned 2nd Lieutenant in the Army Reserve in June 1962.

Forrest continued from page 12

Upon his return to Colorado, Forrest got a job with Montgomery Ward in Denver. Interesting how that childhood fascination with Ward's came around as a career move. Of course, there was only one other game in town – Sears Roebuck – and they didn't have a management trainee program.

This was the beginning of Forrest becoming a "road warrior" as a catalog store manager. Now Forrest had a job and income and could buy a car. Some of his cars he almost drove into the ground.

While learning the ropes at Ward's, Forrest was introduced to a part-time employee who was working there during Christmas break from school. She, Elaine, gave him a smile and wink and the rest is history. They married in Sept 1963. Elaine had been attending Augustana College (University) in South Dakota. but never finished her degree until they moved to Joplin, MO years later.

In Feb 1963 Forrest was transferred to Santa Fe, NM. Once settled, Elaine worked at the NM School for the Deaf and a financial services firm until their first child, Debra, arrived in 1965. Their second child, Lee Ann, arrived in 1967. Before they married, Forrest asked Elaine if she was open to moving around since that was what he knew would happen as he grew his career; he was correct about that. Elaine became a "corporate wife" following her husband's career and raising the children. Forrest became a "road warrior" as his territories covered many states he needed to visit on a regular basis.

In 1969, the family moved back to Denver as the Sales Promotion and Field Operating Manager. Next move was to Chicago (in the corporate offices) in 1971. Forrest was the first Sales Agency Territory Sales Manager at the age of 34. Here the travel was a bit different – just a long drive from a western suburb (Bolingbrook) into the city of Chicago. With each promotion came expanded responsibilities and larger territories. In 1975 they were transferred to Baltimore, MD and back to Denver in 1979. Living in different locations provided the opportunity to know the history of each territory well. Forrest enjoyed delving into the history and visiting all the unique sights in the area. Forrest knew something was in the wind when downsizing began. In October 1984 Montgomery Ward and Forrest parted ways. Forrest was always a top performer but after 23 years he wondered what would come next.

Without much of a hiccup, in December 1984, Forrest found an ad in the newspaper that seemed to be written with him in mind – even though it was a totally different industry. The responsibilities were similar. Forrest was the Franchise Development Regional Director. The company was a new venture, Popingo Video, located in Wichita, KS. The company was successful and eventually was bought by National Video. Forrest's job ended in August 1987.Now as an "empty nester" Elaine started work at Wichita's Institute of Logopedics as an Oral Muscular Therapy Assistant. Forrest got a new job with Spot Not Car Wash in September 1987 as Vice President Director of Franchising and Marketing, in Joplin, MO. Forrest made that drive every week (192 miles) for three years. He recalls being stopped for speeding in the predawn hours as he drove from Wichita to Joplin. Finally, in 1990 they sold their house and moved to Joplin. With little encouragement Elaine went back to school and completed her degree at Missouri Southern State University in 1995. Spot Not was sold to Raco Car Wash, but Forrest didn't lose his job. After ten years with the company, it was sold and once again Forrest was out of work and wondering what was next. Now he was 60 years old.

To continue reading about Forrest follow this link: Forrest Uppendahl full article.

Food for the Soul Tea



Are you ready for some fun, food, and fellowship?

Come and join us for the

15th Annual Friendship Tea. "Food for the Soul"

sponsored by the Banner Babe's here at Cross of Hope November 4, 2023 at 11am

There will be a delicious luncheon, raffle items aplenty, and music to feed your soul.

Tickets will go on Sale on October 22 between church services.



Property Update



The Property manager has been quite busy during the last couple of months trying to get rid of whatever type of animal that has been trying to dig deep under the preschool building. Traps have been set and nothing has appeared in them. Do we have virtual varmints? Our contractor has started filling in the holes and putting wire mesh along the building to prevent this from happening again.

- The wooden gate behind the preschool building is broken and needs to be replaced and we are waiting for a quote to complete the job.
- The roofer and the gutter contractors were called to check out the roof because during that heavy rain and hailstorm last month it leaked into Pastor Adams office.
- A week before school started, the canvas covering the preschool playground structure ripped and eventually needed to be removed. A new Aquatic blue covering was installed last week. Now the little ones will once again be protected from the sun.
- New replacement shades and valences were installed in classrooms where needed.

Lunch Bunch

Come and join us for some fellowship and food! Wednesday, October 11 at 1:00pm **BJ's Cottonwood Mall**

Please Contact Leeon Carrico Call 505-554-1128 Leeon.carrico@gmail.com



When you need these services, please think of Rays of Hope sponsors.

We thank them for their continued support in offsetting the costs (by \$10 per month) associated with producing Rays of Hope each month.

thrivent.

Matthew J Klandrud, ChFC®, RICP®, CKA®



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Cross of Mo

Cross of Hope Church and School Congregational Council Team cohcouncil@crossofhope.org

Pastor Adam Berndt, Margie Reed- President, Sherrie Simek- Vice President, Janet Conlon-Secretary, Bob Arseneau, Linda Ehlers, Tim Fuller, Greg Morrison, Kristi Valdez, and Ron Wirths



Symphony Orchestra of Albuquerque Concert Dates

October 22 at Heights Cumberland 8600 Academy NE and

October 28 at St John XXIII Community Church 4831 Tramway Ridge Dr NE

Cross of Hope Care Outreach

Transportation

Medical Appointments Other Appointments Necessary Errands



Emergency Meals

Family Emergency Illness Death

Assistance is available:

- www.crossofhope.org/forms
- Email: care@crossofhope.org
- In the Great Hall
- Call COH office (505)897-0047x102



CROSS OF HOPE LUTHERAN CHURCH AND SCHOOL

6104 Taylor Ranch Road NW Albuquerque, NM 87120

ADDRESS SERVICE REQUESTED



Mission Statement

Cross of Hope is a Spirit-centered community that shares Christ's love through worship, education and outreach to develop and strengthen relationships with God



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Facebook Page: Cross of Hope Church

Worship Times:

On-Site Sunday - 9:00 a.m. Sunday - 10:45 a.m. Digital: Sunday: 9:00 a.m.

Devotions: Monday-Friday 9:00 a.m.

RAYS OF HOPE JOURNAL

Page 16

October 2023

October Book Suggestions

Recommended by Dee Gutierrez

Revelation Unveiled: Understanding the heart of Jesus in the imminent day of the Lord - Russell M. Stendal

The book of Revelation should be of intense interest to today's Christian. It describes not only the persecution that originates from Satan, but also announces the day when God will intervene and cleanse the earth.

Among the Gods: Chronicles of the Kings book 5 - Lynn Austin

Amid Joshua's turmoil comes an unexpected awakening of love--a love that burns so intensely it draws him from the dark inner seclusion where he often retreats. But what will it take for him to grasp the great love his Heavenly Father has for him...and for the chosen people of Judah?

In the Company of Others: A Father Tim Novel- Jan Karon

In the Company of Others is a moving testament to the desperate struggle to hide the truth at any cost and the powerful need to confess.